

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. PSYC

COURSE NUMBER: 2230

NUMBER OF CREDITS: 3

Lecture: 3 Lab: 0 OJT 0

Course Title:

Behavior Modification

Catalog Description:

Behavior Modification introduces basic principles of behavior modification and their application to the modification of maladaptive behavior and the development of adaptive behavior. Development of skills to adapt these principles to address problems of daily living is emphasized.

Prerequisites or Necessary Entry Skills/Knowledge:

STSK 0095 or placement by multiple measures.
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FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

☒ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:

1. employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. examine social institutions and processes across a range of historical periods and cultures.
3. use and critique alternative explanatory systems or theories.

Topics to be Covered (General)

Observing and recording behavior and behavior change.

Basic Principles: Reinforcement, Extinction, Punishment, Stimulus Control: Discrimination and Generalization.

Shaping, Prompting and transfer of stimulus control

Chaining, Behavioral Skills Training

Functional Assessment, Differential Reinforcement, Antecedent Control Procedures
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Self-Management

Ethics in behavior modification

Student Learning Outcomes

Define, explain, and illustrate the major concepts of behavior modification

Design, implement and evaluate a behavior-change program.
Demonstrate how behavior modification procedures can be applied to various problems of daily living.
Explain the ethical responsibilities of applying behavior modification techniques in all settings it is applied.
Demonstrate how behavior modification procedures can be applied to various problems in occupational settings.
Explain the ethical responsibilities of applying behavior modification techniques in all settings it is applied

Is this course part of a transfer pathway: Yes ☐ No ☒

Revised Date: 10/27/2022