

# MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

## COURSE OUTLINE

DEPT. NURS

COURSE NUMBER: 1120

NUMBER OF CREDITS: 3

Lecture: 3 Lab: 0 OJT: 0

### Course Title:

Nursing of the Adult I

### Catalog Description:

Nursing of the Adult I introduces learners to alterations in functioning, as well as basic disease processes throughout the adult lifespan. Disruptions in the following body systems are covered: cardiovascular, respiratory, skin and sensory systems. Topics of infectious processes, diabetes mellitus, and drug therapy will be addressed. Gerontological and cultural consideration will be included. Critical thinking through the use of the nursing process, health promotion, and standards of care are used to guide learners.

### Prerequisites or Necessary Entry Skills/Knowledge:

Students that have been accepted into the Minnesota West Practical Nursing Program

### FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- Goal 1: Communication: By meeting the following competencies:
- Goal 2: Critical Thinking: By meeting the following competencies:
- Goal 3: Natural Sciences: By meeting the following competencies:
- Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- Goal 7: Human Diversity: By meeting the following competencies:
- Goal 8: Global Perspective: By meeting the following competencies:
- Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- Goal 10: People and the Environment: By meeting the following competencies:

### Topics to be Covered

Respiratory System and Disorders

Diabetes

Cardiovascular System and Disorders

Hematologic and Lymphatic System and Disorders

Sensory System and Disorders

Integumentary System and Disorders

Infections

Emergent Conditions and Disaster/Bioterrorism Response
Immune System and Disorders
HIV Disease and AIDS

Student Learning Outcome
Use reliable evidence-based journals and online databases to find information related to the care of adults with common health and safety issues. (NLN: INFORMATICS/TECHNOLOGY)
Explain how to manage and organize care in adult patient with various disease processes. (NLN: MANAGING CARE)
Use nursing judgment to assess, choose interventions, monitor responses, and report to appropriate personnel changes detected in the adult patient's condition. (NLN: NUSING JUDGMENT/EVIDENCE-BASED CARE)
Give examples of patient/relationship centered care when using the nursing process to contribute to individualized plans of care for the adult patient. (NLN: PATIENT/RELATIONSHIP CENTERED CARE)
Recognize best practices of quality improvement on the nursing environment and patient outcomes. (NLN: QUALITY IMPROVEMENT)
Choose safe nursing practice when implementing a plan of care. (NLN: SAFETY)
Identify potential and/or actual patient complications and interventions from an established plan of care to implement for the adult patient. (NLN: SAFETY)
Choose information based on focused assessments and interventions to be reported to appropriate interprofessional team members. (NLN: TEAMWORK AND COLLABORATION)

<b>Is this course part of a transfer pathway:</b> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> <small>*If yes, please list the competencies below</small>
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Revised Date: 1/25/2022