

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. PHED

COURSE NUMBER: 2187

NUMBER OF CREDITS: 2

Lecture: 2 Lab: 0 OJT: 0

Course Title:
Baseball/Softball Theory and Coaching

Catalog Description:
Baseball/Softball Theory of Coaching covers the guidelines of the State and National High School League rules including rules interpretation, game technique, and casebook studies. Course will also cover the coaching aspects of baseball and softball, game tactics, scouting, recruiting, team goals, methods of conducting practice, student academic concerns, and managing players at both the high school and college levels.

Prerequisites or Necessary Entry Skills/Knowledge:
None

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- ☐ Goal 1: Communication: By meeting the following competencies:
- ☐ Goal 2: Critical Thinking: By meeting the following competencies:
- ☐ Goal 3: Natural Sciences: By meeting the following competencies:
- ☐ Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- ☐ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- ☐ Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- ☐ Goal 7: Human Diversity: By meeting the following competencies:
- ☐ Goal 8: Global Perspective: By meeting the following competencies:
- ☐ Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- ☐ Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered
Teaching/Coaching fundamental skills
Scoring and statistics and how to compile and evaluate through computation
Practice and Game planning
Working and communicating with umpires, parents, media, and student athletes
Equipment/Field inspection for safety and replacement
Field set-up/cleanup for competitions and practice
History and future of the sport

Student Learning Outcomes

Describe and explain the fundamental skills as it relates to softball/baseball.

Demonstrate and explain the proper way to score and compile statistics for the games of softball and baseball.

Describe and prepare practice plans along with game planning as they relate to softball and baseball.

Describe and explain the proper procedures for field maintenance and game set up.

Demonstrate the ability to trouble shoot and correct any safety issue as they relate to equipment and facilities.

Define, describe, and explain the rules and the mechanics as they pertain to the games of softball and baseball.

Demonstrate an understanding of related study areas such as motor learning, sport psychology, and sport sociology as they relate to coaching.

Describe and demonstrate to construct and manage practice based according to age and skill level of athletes.

Is this course part of a transfer pathway: Yes ☐ No ☒

***If yes, please list the competencies below**

Revised Date: 8/1/2020