

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. PHED

COURSE NUMBER: 2135

NUMBER OF CREDITS: 1

Lecture: 0 Lab: 1 OJT: 0

Course Title:
Intermediate Tennis

Catalog Description:
Intermediate Tennis introduces the advanced fundamentals of tennis as a leisure time/competitive activity. Emphasis is on acquiring advanced technique, knowledge, and fitness.

Prerequisites or Necessary Entry Skills/Knowledge:
PHED 1135

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- ☐ Goal 1: Communication: By meeting the following competencies:
- ☐ Goal 2: Critical Thinking: By meeting the following competencies:
- ☐ Goal 3: Natural Sciences: By meeting the following competencies:
- ☐ Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- ☐ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- ☐ Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- ☐ Goal 7: Human Diversity: By meeting the following competencies:
- ☐ Goal 8: Global Perspective: By meeting the following competencies:
- ☐ Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- ☐ Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered
Advanced skills of tennis.
Advanced strategies for competitive singles and doubles play the game of tennis.
History of tennis and specific terminology.
Expose the student to advanced tennis as a lifetime activity.

Student Learning Outcomes
Describe the terminology, definitions, equipment, and benefits of tennis.
Demonstrate proper fundamentals of tennis safety.

Describe the history and evolution of tennis as a sport.
Demonstrate advanced hitting components of stance, court movement, and swing plane of the racquet.
Describe and explain the court strategy and scoring elements of in the sport of tennis.
Describe strategies for singles and doubles competitive tournament play.

Is this course part of a transfer pathway: Yes ☐ No ☒

***If yes, please list the competencies below**

Revised Date: 3/25/2020