Faculty members are required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Study Skills COURSE NUMBER: 1110

NUMBER OF CREDITS: 1 Lecture: X Lab:_______

Course Title:
Freshman Seminar

Catalog Description:
Enhances the student’s adjustment and success with the college experience. Freshman Seminar course provides first-year students with a general orientation and introduction to resources and skills helpful in the transition to college life and to assist in long term academic and personal success. It is designed to facilitate a successful college experience. Students will develop college-level study skills and will learn about college resources to assist them in their personal and academic adjustment to college life. Strategies for a successful college experience, including: time management, studying smart, taking notes from lecture and textbooks, writing, test taking techniques, stress management, learning and teaching styles, preparing speeches, introduction to online learning, navigating D2L, and ITV/distance learning will be covered.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Goal 1: Communication: ___ by meeting the following competencies:

Goal 2: Critical Thinking: ____ by meeting the following competencies:

Goal 3: Natural Sciences: ____ by meeting the following competencies:

Goal 4: Mathematics/Logical Reasoning: ____ by meeting the following competencies:

Goal 5: History and the Social and Behavioral Sciences: ____ by meeting the following competencies:

Goal 6: The Humanities and Fine Arts: ____ by meeting the following competencies:

Goal 7: Human Diversity: ____ by meeting the following competencies:

Goal 8: Global Perspective: ____ by meeting the following competencies:

Goal 9: Ethical and Civic Responsibility: ____ by meeting the following competencies:
Goal 10: People and the Environment: _____ by meeting the following competencies:

**Prerequisites or Necessary Entry Skills/Knowledge:**

| None |

**Topics to be Covered (General)**

1. Teaching and Learning Styles
2. Time Management/Academic Planning
3. Learning How to Study
4. Writing Process
5. Stress Management
6. On-line Learning, Tutoring
7. Taking Notes in Class- Taking Notes from Lecture
8. Mastering Tests
9. Preparing Speeches
10. Academic Integrity, Communication, Academic etiquette, Where to Go for Help,

**Student Learning Outcomes**

| Demonstrate the proper use of campus tech logins using D2L, email, and E-services |
| Define and demonstrate appropriate academic skills |
| Define and demonstrate healthy living habits and stress management techniques |
| Identify and utilize campus resources |
| Define and utilize academic integrity, etiquette, communication and campus resources |
| Develop a two-year academic plan |

**Is this course part of a transfer pathway:** Yes [ ] No [x]

*If yes, please list the competencies below

All syllabi must include the following statement:

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, high school students are encouraged to notify their counselor and instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.
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