Course Title:
Health Communication, Teaching, and Capacity Building

Catalog Description:
Health Communication, Teaching & Capacity Building will introduce concepts of verbal and non-verbal communication required for the CHW to effectively interact with clients, their families, and healthcare providers of all backgrounds. Application of active listening and motivational interviewing techniques will be practiced. Emphasis will be given to the CHW’s role as teacher to help increase the capability of the community and the client’s ability to access the health care and social services system. Materials will emphasize empowering clients to become self-sufficient in achieving personal health goals within the role of a CHW.

Prerequisites or Necessary Entry Skills/Knowledge:
Co-requisite CMHW1000

FULFILLS MN TRANSFER CURRICULUM AREA(S)
☐ Goal 1: Communication: By meeting the following competencies:
☐ Goal 2: Critical Thinking: By meeting the following competencies:
☐ Goal 3: Natural Sciences: By meeting the following competencies:
☐ Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
☐ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
☐ Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
☐ Goal 7: Human Diversity: By meeting the following competencies:
☐ Goal 8: Global Perspective: By meeting the following competencies:
☐ Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
☐ Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered
- Critical Thinking- for interpreters and other professionals
- Conflict Resolution
- Health Literacy/ Evidence Based Programs
- Communication Techniques
- Client Data Collection
- Nonviolent Communication Techniques
- Motivational Interviewing/ Behavior Change
**Student Learning Outcomes**

Construct an action plan with clients that uses goals to promote health.

Demonstrate a variety of teaching techniques with clients to foster healthy behavior changes.

Demonstrate effective and culturally appropriate communication skills when collaborating with clients and team members.

Identify and apply appropriate conflict resolution strategies with clients and/or team members.

Identify client health and cultural beliefs, traditions, and values when creating an action plan and identify how they influence health.

**Is this course part of a transfer pathway?:** Yes ☐  No ✗

Revised Date: 10/2021