Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

**DEPT.:** Psychology  
**COURSE NUMBER:** 2230  
**NUMBER OF CREDITS:** 3  
**Lecture:** 3  
**Lab:** 0

### Course Title:
Behavior Modification

### Catalog Description:
Introduces basic principles of behavior modification and their application to the modification of maladaptive behavior and the development of adaptive behavior. Development of skills to adapt these principles to address problems of daily living is emphasized.

### FULFILLS MN TRANSFER CURRICULUM AREA(S) *(Leave blank if not applicable)*

Goal 1: Communication: ____ by meeting the following competencies:

Goal 2: Critical Thinking: ____ by meeting the following competencies:

Goal 3: Natural Sciences: ____ by meeting the following competencies:

Goal 4: Mathematics/Logical Reasoning: ____ by meeting the following competencies:

Goal 5: History and the Social and Behavioral Sciences: X by meeting the following competencies:
   1. employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
   2. examine social institutions and processes across a range of historical periods and cultures.
   3. use and critique alternative explanatory systems or theories.

Goal 6: The Humanities and Fine Arts: ____ by meeting the following competencies:

Goal 7: Human Diversity: ____ by meeting the following competencies:

Goal 8: Global Perspective: ____ by meeting the following competencies:

Goal 9: Ethical and Civic Responsibility: ____ by meeting the following competencies:

Goal 10: People and the Environment: ____ by meeting the following competencies:
**Prerequisites or Necessary Entry Skills/Knowledge:**
Introduction to Psychology or consent of Instructor

**Topics to be Covered (General)**

1. Observing and recording behavior and behavior change.
3. Shaping, Prompting and transfer of stimulus control.
7. Ethics in behavior modification.

**Learning Outcomes**

1. Define, explain, and illustrate the major concepts of behavior modification.
2. Design, implement and evaluate a behavior-change program.
3. Demonstrate how behavior modification procedures can be applied to various problems of daily living.
4. Demonstrate how behavior modification procedures can be applied to various problems in occupational settings.
5. Explain the ethical responsibilities of applying behavior modification techniques in all settings it is applied.

**Is this course part of a transfer pathway:** Yes No X

**All syllabi must include the following statement:**

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, high school students are encouraged to notify their counselor and instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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