DEPT. NURS    COURSE NUMBER: 2150

NUMBER OF CREDITS: 2

COURSE TITLE: Skills Lab

CATALOG DESCRIPTION: Assists the student in developing safe, evidence based nursing skills. Delegated medical functions as well as physical and psychosocial assessment of adults and children are practiced. Safety in medication dosage and medication administration is practiced. Simulation will be used to integrate skills in preparation for the acute care clinical environment.

AUDIENCE: Associate in Science (AS) Nursing Students

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)

PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Admission to Associate in Science (AS) Nursing Program

LENGTH OF COURSE: Fall semester

THIS COURSE IS USUALLY OFFERED:
Every other year □ fall X□ spring □ summer □ undetermined □

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are:
   a. Students will demonstrate skill in assessments and selected nursing interventions.
   b. Students will demonstrate safety in nursing math calculations and administration.

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking skills through:
   a. Students are required to synthesize assessment findings to determine appropriateness of intervention.
3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written communication skills through:
   a. Students will practice communication skills in simulated situations.
   b. Students are to communicate professionally in the skills laboratory setting and express their ideas clearly in writing.

4) HUMAN DIVERSITY: This course will help students recognize, understand, and appreciate human diversity through:
   a. Diversity, particularly issues specifically related to health assessment and communication are explored.

TOPICS TO BE COVERED: Physical and psychosocial assessment, communication, nursing math, safe medication administration, application of nursing process in simulated situations, and selected nursing interventions will be practiced.

LIST OF EXPECTED COURSE OUTCOMES: Upon completion of the course the student will be able to:
   1. Demonstrate a holistic physical and psychosocial assessment in the laboratory setting.
   2. Demonstrate appropriate focused nursing assessments in a simulated setting.
   3. Complete a developmental assessment of a child.
   4. Demonstrate safety in selected nursing skills, dosage calculation, and medication administration.
   5. Demonstrate techniques of therapeutic communication in a simulated situation.
   6. Integrate clinical reasoning and judgment skills in a simulated setting.

LEARNING/TEACHING TECHNIQUES used in the course are:
   X    Collaborative Learning X    Problem Solving
   X    Student Presentations   X    Interactive Lectures
   X    Creative Projects   X    Individual Coaching
   X    Lecture   □    Films/Videos/Slides
   X    Demonstrations   X    Other (describe below)
   □    Lab   X    Practice in the lab setting
               X    Low and High fidelity simulation

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:
   X    Reading   X    Tests   □    Individual Projects
   X    Oral Presentations   X    Worksheets   □    Collaborative Projects
   □    Textbook Problems   □    Papers   □    Portfolio
   X    Group Problems   □    Term Paper
   X    Other (describe below)
               X    Laboratory practice and demonstration
EXPECTED STUDENT LEARNING OUTCOMES:

**NLN Nursing Judgment**: Graduate will make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context.

2A. **QSEN: Safety** - Graduate will minimize risk of harm to patients and providers through both system effectiveness and individual performance.

**NLN Professional Identity**: Graduate will implement one’s role as a nurse in ways that reflect integrity, responsibility, ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy, and safe, quality care for diverse patients within a family and community context.

3A. **QSEN: Teamwork and Collaboration** - Graduate will function effectively within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care.

**NLN Spirit of Inquiry**: Graduate will examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for patients, families and communities.

4B. **QSEN: Evidence Based Practice** – Graduate will integrate best current evidence with clinical expertise and patient/family preferences and values for delivery of optimal health care.

The information in this course outline is subject to revision.

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

**Veteran Services**: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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