MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT.     CMHW           COURSE NUMBER: 1000

NUMBER OF CREDITS: 3

COURSE TITLE: Advocacy and Outreach

CATALOG DESCRIPTION: Focuses on the Community Health Worker’s (CHW) personal safety, self-care and personal wellness. Course also includes the promotion of health and disease prevention for clients.

AUDIENCE: This course is for college students or anyone interested in bridging cultural issues that may be present between current healthcare entities and diverse populations.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
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PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Students should have experience and trust within diverse communities. Co requisite CMHW1100.

LENGTH OF COURSE: 1 semester

THIS COURSE IS USUALLY OFFERED:
Every other year ✔ fall spring summer □ undetermined x □

Four goals are emphasized in course at Minnesota West Community & Technical College:

1. ACADEMIC CONTENT: Students will be exposed to the breadth of the Community Health Worker roles; be asked to create a personal safety and time management plan; will focus on the Community Health Worker’s knowledge of the community and their ability to prioritize and organize their work.

2. THINKING SKILLS: Students will be challenged to analyze and draw inferences related to critical thinking and its relationship to the Community Health Worker’s Role. Students will also be asked to identify their personal time management style and present it to other students. Emphasis is placed on the use and critical analysis of resources and information problem solving.
3. **COMMUNICATION SKILLS**: Students written communication skills will be utilized through message board postings; verbal and written communication will be used digital presentations, and verbal skills will be used in face-to-face and Adobe connect class discussions.

4. **HUMAN DIVERSITY** – Students will explore cultural beliefs, community resources, and identify outreach and advocacy strategies to engage diverse populations.

**TOPICS TO BE COVERED:**
1. Advocacy and Outreach as it relates to the Community Health Worker.
2. Organization and Resources: Community and Personal Strategies.

**LIST OF EXPECTED COURSE OUTCOMES:** By the end of the course, students will be able to:
1. Identify and use 9-1-1 system appropriately and ethically.
2. Create a personal safety plan.
3. Identify and recognize signs of stress.
4. Define advocacy.
5. Define outreach and identify ways to connect with the community.
6. Prioritize client information into an effective plan or timeline.
7. List benefits of time management.
8. Define critical thinking as it relates to the Community Health Worker.
9. Analyze personal time management style and present to others.
10. Identify ways to use information to promote health of self, families and clients.

**LEARNING/TEACHING TECHNIQUES** used in the course are:
- Collaborative Learning
- Problem Solving
- Student Presentations
- Interactive Lectures
- Creative Projects
- Individual Coaching
- Lecture
- Films/Videos/Slides
- Other: Utilize Digital resources
- Demonstrations
- Lab

**ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:**
- Reading
- Tests
- Individual Projects
- Oral Presentations
- Worksheets
- Collaborative Projects
- Textbook Problems
- Papers
- Portfolio
- Group Problems
- Term Paper
- Other (describe below)
- Lab Demonstrations

**EXPECTED STUDENT LEARNING OUTCOMES:**

By the end of the course students will be able to:
1. Identify and use 9-1-1 system appropriately and ethically.
2. Create a personal safety plan.
3. Identify and recognize signs of stress.
4. Define advocacy.
5. Define outreach and identify ways to connect with the community.
6. Prioritize client information into an effective plan or timeline.
7. List benefits of time management.
8. Define critical thinking as it relates to the Community Health Worker.
9. Analyze personal time management style and present to others.
10. Identify ways to use information to promote health of self, families and clients.

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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