MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Cosmetology                  COURSE NUMBER: COSM 1100

NUMBER OF CREDITS: 4 (2 lecture/2 lab)

COURSE TITLE: Preclinic Introduction

CATALOG DESCRIPTION: Examine the field of Cosmetology which includes hair, nail and skin care. Areas of study will include professional image, Minnesota laws and rules, safety, cleaning and disinfection, anatomy, eyelash extension application and chemistry as related to the profession. This course will contribute 96 hours towards licensure.

AUDIENCE: Cosmetology, Nail Technicians and Esthetician majors

FULFILLS MN TRANSFER CURRICULUM AREA(S) *(Leave blank if not applicable)*
Area: by meeting the following competencies:
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PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Completion of, or concurrent enrollment of COSM 1105, 1110, 1115, 1120, for Cosmetologist; COSM 1110 for Nail techs; COSM 1120 for Estheticians.

LENGTH OF COURSE: One Semester

THIS COURSE IS USUALLY OFFERED:
Every other year ☐ fall ☑ spring ☑ summer ☐ undetermined ☐

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are:
   a. Acquiring introductory knowledge and skill needed for a Cosmetologist, Nail technician, and Esthetician.

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking skills through:
   a. Understanding the theory and rationale in the application of each topic.

3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written communication skills through:
   a. Involvement in group work, oral presentations and customer service application.
4) **HUMAN DIVERSITY:** This course will help students recognize, understand, and appreciate human diversity through:
   a. Gaining self-awareness regarding their feelings toward people of different cultures, value systems and socioeconomic status.

**TOPICS TO BE COVERED:** Safety precautions, professionalism, communication, disorders and diseases, anatomy, trichology, massage movements and Minnesota Cosmetology Laws and Rules.

**LIST OF EXPECTED COURSE OUTCOMES:**
Implement a knowledge of skills and safety procedures that improve the quality, speed and confidence of cosmetology services.

**LEARNING/TEACHING TECHNIQUES** used in the course are:
- [X] Collaborative Learning
- [ ] Problem Solving
- [ ] Student Presentations
- [X] Interactive Lectures
- [ ] Creative Projects
- [X] Individual Coaching
- [X] Lecture
- [X] Films/Videos/Slides
- [ ] Demonstrations
- [ ] Other (describe below)
- [X] Lab

**ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:**
- [X] Reading
- [ ] Tests
- [X] Individual Projects
- [X] Oral Presentations
- [X] Worksheets
- [ ] Collaborative Projects
- [X] Textbook Problems
- [ ] Papers
- [X] Portfolio
- [X] Group Problems
- [ ] Term Paper
- [ ] Other (describe below)

**EXPECTED STUDENT LEARNING OUTCOMES:**
1. Describe appearance enhancement and how it relates to the beauty industry
2. Recognize trends influenced by the history of cosmetology
3. List career opportunities available to a licensed practitioner
4. List principles that contribute to personal and professional success
5. Define ethics
6. List the characteristics of a healthy, positive attitude
7. Practice ergonomically correct movement, posture, and principles
8. Conduct a successful client consultation
9. Interpret laws and rules Chapters 2110, 2105 & 155A
10. List the types and classifications of bacteria
11. Define blood borne pathogens and explain how they are transmitted
12. Explain the differences between cleaning, disinfecting & sterilizing
13. List the types of disinfectants and the steps to using them properly
14. Define safety precautions
15. Define and explain the importance of anatomy and physiology to the cosmetology profession
16. Name the 11 main body systems and explain their functions
17. Define how chemistry relates to our industry and in the products we use
18. Recognize disorders of the eye, growth cycles, contraindications
19. Understand application of lash extensions, health, and safety of lash application
20. Recognize diseases and disorders that should not be treated in the salon
21. Perform massage movements related to the area of study

**Veteran Services**: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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