Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Nursing                        COURSE NUMBER: NURS 1100

NUMBER OF CREDITS: 3 credits

COURSE TITLE: Principles and Practices of Nursing

CATALOG DESCRIPTION: Explore the basic needs of clients while reinforcing concepts learned in the nurse assistant course. Emphasizes nursing responsibilities and interventions utilized by the practical nurse to assist clients to meet basic needs. Topics covered include, but are not limited to the following topics: homeostasis, elimination, therapeutic communication skills, documentation, nursing process, critical thinking, psychosocial health, death and the grieving process, nutrition, and care of the geriatric patient. Performance of nursing skills are taught and evaluated in the lab setting. The key concepts of teamwork and collaboration, safety, quality improvement, professional identity/behavior, patient/relationship centered care, nursing judgment/evidence based practice, managing care, and informatics/technology are introduced.

AUDIENCE: Students that have been accepted into the Minnesota West Practical Nursing Program

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
Area: by meeting the following competencies:
Area: by meeting the following competencies:

PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Acceptance into the Practical Nursing Program.

LENGTH OF COURSE: One Semester

THIS COURSE IS USUALLY OFFERED:
Every other year ☐ fall ☑ spring ☐ summer ☐ undetermined ☐

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are to identify basic concepts, principles, skills, and procedures pertinent to caring for clients in the healthcare system.

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking skills through discussing the relationship between the nursing
process, critical thinking, the problem-solving process, and the decision making process.

3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written communication skills through describing and applying essential aspects of communication and the communication process.

4) HUMAN DIVERSITY: This course will help students recognize, understand, and appreciate human diversity through describing how basic human needs can be met by providing individualized culturally sensitive care for the client.

TOPICS TO BE COVERED: Include, but are not limited to the following topics: homeostasis, elimination, therapeutic communication skills, documentation, nursing process, critical thinking, psychosocial health, death and the grieving process, nutrition, and care of the geriatric patient. Performance of nursing skills are taught and evaluated in the lab setting. The key concepts of teamwork and collaboration, safety, quality improvement, professional identity/behavior, patient/relationship centered care, nursing judgement/evidence based practice, managing care, and informatics/technology are introduced.

COURSE LEARNING OUTCOMES (GENERAL):
SLO: INFORMATICS/TECHNOLOGY: Use reliable evidence-based journals and online databases to find information related to the care of adults with common health and safety issues.
SLO: MANAGING CARE: Explain how to manage and organize care in adult patients with various disease processes.
SLO: NURSING JUDGEMENT/EVIDENCE-BASED CARE: Use nursing judgment to assess, choose interventions, monitor responses, and report to appropriate personnel changes detected in the adult patient’s condition.
SLO: PATIENT/RELATIONSHIP CENTERED CARE: Give examples of patient/relationship centered care when using the nursing process to contribute to individualized plans of care for the adult patient.
SLO: QUALITY IMPROVEMENT: Recognize best practices of quality improvement in the nursing environment and patient outcomes.
SLO: SAFETY: Choose safe nursing practices when implementing a plan of care.
SLO: SAFETY: Identify potential and/or actual patient complications and interventions from an established plan of care to implement for the adult patient.
SLO: TEAMWORK AND COLLABIMATION: Choose information based on focused assessments and interventions to be reported to appropriate interprofessional team members.

LEARNING/TEACHING TECHNIQUES used in the course are:
- Collaborative Learning
- Problem Solving
- Student Presentations
- Interactive Lectures
- Creative Projects
- Individual Coaching
- Lecture
- Films/Videos/Slides
- Demonstrations
- Other (describe below)
- Lab
- Web enhanced Assignments and Testing

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:
<table>
<thead>
<tr>
<th>Reading</th>
<th>Tests</th>
<th>Individual Projects</th>
</tr>
</thead>
<tbody>
<tr>
<td>Oral Presentations</td>
<td>Worksheets</td>
<td>Collaborative Projects</td>
</tr>
<tr>
<td>Textbook Problems</td>
<td>Papers</td>
<td>Portfolio</td>
</tr>
<tr>
<td>Group Problems</td>
<td>Term Paper</td>
<td></td>
</tr>
<tr>
<td>Other (describe below)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Computer assisted learning

**STUDENT LEARNING OUTCOMES (SPECIFIC):**

1. **INFORMATICS/TECHNOLOGY:** Utilize information technology in the healthcare setting.
2. **MANAGING CARE:** Utilize an established plan of care for an individual patient to organize or assign aspects of care under the direction of an RN or other HCP.
3. **NURSING JUDGMENT/EVIDENCE BASED CARE:** Utilize evidence based nursing judgement when providing and prioritizing care and promoting the health of patients across the lifespan.
4. **PATIENT/RELATIONSHIP-CENTERED CARE:** Demonstrate therapeutic communication skills to practice holistic nursing that is patient and family centered, culturally sensitive and based on the physiological, psychosocial and spiritual needs of patients across the lifespan.
5. **PROFESSIONAL IDENTITY AND BEHAVIORS:** Demonstrate professional behaviors and accountability to legal and ethical nursing practice standards.
6. **QUALITY IMPROVEMENT:** Participate in quality improvement by recognizing opportunities for improvement and collaborating with the health care team to enhance effective and cost efficient health care services.
7. **SAFETY:** Promote quality care, recognize complications and provide a safe environment for patients, self, and others.
8. **TEAMWORK AND COLLABORATION:** Serve as a member of the interprofessional team using open communication, mutual respect, and shared decision making to promote safe, quality, patient centered care.

**Veteran Services:** Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

The information in this course outline is subject to revision.

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

A Member of the Minnesota State Colleges and Universities System
An Affirmative Action Equal Opportunity Educator/Employer

Revised 3/19/2019