MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Nursing COURSE NUMBER: NURS 1120

NUMBER OF CREDITS: 3 credits

COURSE TITLE: Nursing of the Adult I

CATALOG DESCRIPTION: Introduces learners to alterations in functioning, as well as basic disease processes throughout the adult lifespan. Disruptions in the following body systems are covered: cardiovascular, respiratory, skin and sensory systems. Topics of infectious processes, diabetes mellitus, and drug therapy will be addressed. Gerontological and cultural consideration will be included. Critical thinking through the use of the nursing process, health promotion, and standards of care are used to guide learners.

AUDIENCE: Students that have been accepted into the Minnesota West Practical Nursing Program

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
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PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Acceptance into the Practical Nursing Program.

LENGTH OF COURSE: One Semester

THIS COURSE IS USUALLY OFFERED:
Every other year fall spring summer undetermined

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are to explore ways of demonstrating critical thinking. Learners will identify principles, concepts, and methods used to meet the nursing needs of individuals with disruptions in their cardiovascular, respiratory, skin and sensory systems, as well as the infectious process and diabetes mellitus.
2) THINKING SKILLS: This course will help learners improve the effectiveness of their thinking skills through utilization of nursing process and incorporating standards of care adapted to the individual.

3) COMMUNICATIONS SKILLS: This course will help learners improve their oral and written communication skills through communicating information related to disease processes to clients and the interprofessional team.

4) HUMAN DIVERSITY: This course will help learners recognize, understand, and appreciate human diversity through meeting the needs of various population groups and cultures related to their disease processes.

TOPICS TO BE COVERED: alterations in functioning, including basic disease processes throughout the adult lifespan including disruptions in the following: cardiovascular, respiratory, skin and sensory systems. Topics of infectious processes, diabetes mellitus, and pharmacological concepts will be addressed. Gerontological and cultural consideration will be included.

COURSE LEARNING OUTCOMES (GENERAL):
SLO: INFORMATICS/TECHNOLOGY: Use reliable evidence-based journals and online databases to find information related to the care of adults with common health and safety issues.
SLO: MANAGING CARE: Explain how to manage and organize care in adult patient with various disease processes.
SLO: NUSING JUDGMENT/EVIDENCE-BASED CARE: Use nursing judgment to assess, choose interventions, monitor responses, and report to appropriate personnel changes detected in the adult patient’s condition.
SLO: PATIENT/RELATIONSHIP CENTERED CARE: Give examples of patient/relationship centered care when using the nursing process to contribute to individualized plans of care for the adult patient.
SLO: QUALITY IMPROVEMENT: Recognize best practices of quality improvement on the nursing environment and patient outcomes.
SLO: SAFETY: Choose safe nursing practice when implementing a plan of care.
SLO: SAFETY: Identify potential and/or actual patient complications and interventions from an established plan of care to implement for the adult patient.
SLO: TEAMWORK AND COLLABORATION: Choose information based on focused assessments and interventions to be reported to appropriate interprofessional team members.

LEARNING/TEACHING TECHNIQUES used in the course are:
- Collaborative Learning
- Problem Solving
- Student Presentations
- Interactive Lectures
- Creative Projects
- Individual Coaching
- Lecture
- Films/Videos/Slides
- Demonstrations
- Other (describe below)
- Lab
- Web enhanced Assignments and Testing

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:
- Reading
- Tests
- Individual Projects
- Oral Presentations
- Worksheets
- Collaborative Projects
STUDENT LEARNING OUTCOMES (SPECIFIC):

1. INFORMATICS/TECHNOLOGY: Utilize information technology in the health care setting.
2. MANAGING CARE: Utilize an established plan of care for an individual patient to organize or assign aspects of care under the direction of an RN or other HCP.
3. NURSING JUDGMENT/EVIDENCE BASED CARE: Utilize evidence based nursing judgment when providing and prioritizing care and promoting the health of patients across the lifespan.
4. PATIENT/RELATIONSHIP-CENTERED CARE: Demonstrate therapeutic communication skills to practice holistic nursing that is patient and family centered, culturally sensitive and based on the physiological, psychosocial and spiritual needs of patients across the lifespan.
5. PROFESSIONAL IDENTITY AND BEHAVIORS: Demonstrate professional behaviors and accountability to legal and ethical nursing practice standards.
6. QUALITY IMPROVEMENT: Participate in quality improvement by recognizing opportunities for improvement and collaborating with the health care team to enhance effective and cost efficient health care services.
7. SAFETY: Promote quality care, recognize complications and provide a safe environment for patients, self, and others.
8. TEAMWORK AND COLLABORATION: Serve as a member of the interprofessional team using open communication, mutual respect, and shared decision making to promote safe, quality, patient centered care.

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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