MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Massage Therapy                          COURSE NUMBER: MSTH 1120

NUMBER OF CREDITS: 3 Credits

COURSE TITLE: Client Massage

CATALOG DESCRIPTION: This course covers the application of Swedish Massage, Chair Massage, Mother Massage, Infant Massage, Geriatric (Senior) massage and Lymphatic Drainage. Special Massage skills involving positioning, strokes, pathology, documentation and contraindications and cautions are included.

AUDIENCE: Massage Students who have successfully completed necessary first semester course work and are ready to work with the public in a school supervised/operated clinic.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)

Area: by meeting the following competencies:
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PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Basic Massage, Kinesiology, Introduction to Massage, Nutrition and Body Structure and Function or their equivalent.

LENGTH OF COURSE: One Semester

THIS COURSE IS USUALLY OFFERED:
Every other year [ ] fall [ ] spring [X] summer [ ] undetermined [ ]

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are:
The student will achieve understanding of special populations and appropriate techniques for each and apply these techniques to clients that attend the school supervised on-site clinic.

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking skills through:
a. Directly dealing with paying clientele, assess their needs and applying the appropriate techniques.

3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written communication skills through:
   a. Repeated encounters with a wide variety of backgrounds, age, and culture while they will demonstrate the appropriate communication, techniques, professionalism and maturity with each encounter.

4) HUMAN DIVERSITY: This course will help students recognize, understand, and appreciate human diversity through:
   a. Their opportunities to gain self awareness regarding feelings towards different cultures, backgrounds, value systems and body types. They will have the opportunity to have direct contact with a wide variety of individuals.

TOPICS TO BE COVERED: Development of a treatment plan, evaluation of special populations including skills such as positioning, appropriate techniques, pathology, documentation, and contraindications for each special population as they apply to each individual client.

LIST OF EXPECTED COURSE OUTCOMES:
   1. Discuss, explain and apply wellness massage to clientele in a supervised clinic.
   2. Apply massage therapy to individuals that come in, incorporating a clinic setting.
   3. Gain knowledge on client scheduling, billing and charting
   4. Students can successfully perform an intake interview
   5. Students can apply interview knowledge to develop individualized treatment plans.
   6. Students have a working knowledge of filing, scheduling and professional application of phone use.

LEARNING/TEACHING TECHNIQUES used in the course are:
- Collaborative Learning
- Student Presentations
- Creative Projects
- Lecture
- Demonstrations
- Lab
- Problem Solving
- Interactive Lectures
- Individual Coaching
- Films/Videos/Slides
- Other (describe below)

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:
- Reading
- Oral Presentations
- Textbook Problems
- Tests
- Worksheets
- Papers
- Individual Projects
- Collaborative Projects
- Portfolio
EXPECTED STUDENT LEARNING OUTCOMES: See expected course outcomes.

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or Minnesota Relay Service at 800-627-3529 or by using your preferred relay service.

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