MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. CMHW                      COURSE NUMBER: 1100

NUMBER OF CREDITS: 3

COURSE TITLE: Community, Capacity Building, and Teaching

CATALOG DESCRIPTION: Focuses on the Community Health Worker's (CHW) knowledge of the community and the ability to prioritize and organize work. Emphasis will be on the use of and critical analysis of resources and problem solving. This course also focuses on the CHW's role as a teacher in order to increase the capacity of the community and the client to access the health care system. Course materials will emphasis establishing healthy lifestyles as well as empowering clients to take responsibility for achieving personal health goals. Students learn about and practice methods for planning, developing and implementing plans with clients to promote wellness.

AUDIENCE: This course is for college students or anyone interested in bridging cultural issues that may be present between current healthcare entities and diverse populations.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
Area: by meeting the following competencies:
Area: by meeting the following competencies:

PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Students should have experience and trust within diverse communities

LENGTH OF COURSE: 1 semester

THIS COURSE IS USUALLY OFFERED:
Every other year fall spring summer undetermined x

Four goals are emphasized in course at Minnesota West Community & Technical College:

1. **ACADEMIC CONTENT**: Students will be exposed to the breadth of the Community Health Worker roles in teaching, increasing capacity and completion of necessary documentation.
2. **THINKING SKILLS**: Students will learn and practice methods to plan, develop, and implement client personal wellness.
3. **COMMUNICATION SKILLS**: Students written communication skills will be utilized through message board postings; verbal and written communication will be used digital presentations, and verbal skills will be used in face-to-face and Adobe connect class discussions.

4. **HUMAN DIVERSITY** – Students will explore cultural beliefs, community resources, and identify outreach and advocacy strategies to engage diverse populations.

**TOPICS TO BE COVERED:**
1. Community Health Worker’s role in teaching and capacity building.
2. Community Health Worker’s responsibilities related to coordination, documentation, and reporting.

**LIST OF EXPECTED COURSE OUTCOMES:** By the end of the course, students will be able to:
1. Collect client data specific to healthy behaviors, safety, and psychosocial issues.
2. Construct a contract with clients that promote health care and social responsibility.
3. Construct health promotion activities to address community needs.
4. Act as a role model for clients regarding self-care and healthy behaviors.
5. List types of forms that comprise a client record.
6. Use accurate terminology in a client record.
7. Identify, create, and maintain an organized system of community resources.

**LEARNING/TEACHING TECHNIQUES used in the course are:**
- Collaborative Learning
- Student Presentations
- Creative Projects
- Lecture
- Other: Utilize Digital resources
- Lab

**ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:**
- Reading
- Oral Presentations
- Textbook Problems
- Group Problems
- Other (describe below)

**EXPECTED STUDENT LEARNING OUTCOMES:**
By the end of the course, students will be able to:
1. Collect client data specific to healthy behaviors, safety, and psychosocial issues.
2. Construct a contract with clients that promote health care and social responsibility.
3. Construct health promotion activities to address community needs.
4. Act as a role model for clients regarding self-care and healthy behaviors.
5. List types of forms that comprise a client record.
6. Use accurate terminology in a client record.
7. Identify, create, and maintain an organized system of community resources.

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

A Member of the Minnesota State Colleges and Universities System
An Affirmative Action Equal Opportunity Educator/Employer

4/14