MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Cosmetology COURSE NUMBER: COSM 1120

NUMBER OF CREDITS: 4 (1 lecture/3 lab)

COURSE TITLE: Preclinic Skin care

CATALOG DESCRIPTION: Examine dermatology and skin care services which include skin analysis, facial massage, makeup application, eyelash extension application and hair removal using both hard and soft wax. This course will contribute 112 hours toward licensure.

AUDIENCE: Cosmetology and Esthetic majors

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
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PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Completion of, or concurrent enrollment of COSM 1100

LENGTH OF COURSE: one semester

THIS COURSE IS USUALLY OFFERED:
Every other year ☐ fall ☑ spring ☑ summer ☐ undetermined ☐

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are:
   a. Introductory knowledge and skill needed for skin care services.

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking skills through:
   a. Following instruction and the theory behind esthetics.
   b. Understanding safety precautions related to skin care needs.

3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written communication skills through:
a. Customer service skills, performing consultations and being able to work well with others.

4) HUMAN DIVERSITY: This course will help students recognize, understand, and appreciate human diversity through:
   a. Self-awareness regarding the feelings toward people of different cultures, value systems, and socioeconomic status.

TOPICS TO BE COVERED: Professionalism, communication, dermatology, massage, facials, and makeup.

LIST OF EXPECTED COURSE OUTCOMES:
Implement a knowledge of skills and safety procedures that improve the quality, speed and confidence of cosmetology services.

LEARNING/TEACHING TECHNIQUES used in the course are:

- Collaborative Learning
- Student Presentations
- Creative Projects
- Lecture
- Demonstrations
- Lab
- Problem Solving
- Interactive Lectures
- Individual Coaching
- Films/Videos/Slides
- Other (describe below)

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:

- Reading
- Oral Presentations
- Textbook Problems
- Group Problems
- Other (describe below)
- Tests
- Worksheets
- Papers
- Term Paper
- Individual Projects
- Collaborative Projects
- Portfolio

EXPECTED STUDENT LEARNING OUTCOMES:

1. Explain skin abnormalities
2. Explain the structure of the skin and its function
3. Demonstrate the movement of tapotement
4. Demonstrate the movement of petrissage
5. Describe diseases related to skin care
6. Describe the function of the sebaceous gland
7. Explain skin pigmentation
8. Explain facial safety precautions
9. Describe cosmetics and makeup techniques
10. Define skin diseases
11. Perform facials and makeup
12. Describe facial massage movements
13. Perform an allergy patch test for last extensions
14. List primary skin lesions
15. List secondary skin lesions
16. Classify the appendages of the skin
17. Perform eyelash extensions
18. Perform eyelash extension fills
19. Perform removal of eyelash extensions

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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