MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is
the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Cosmetology COURSE NUMBER: COSM 1110

NUMBER OF CREDITS: 4 (1 lec. /3 lab)

COURSE TITLE: Preclinic Nail Care

CATALOG DESCRIPTION: Examine nail care theory and practical experiences involving manicures,
pedicures, and artificial enhancements. This course will contribute 112 hours towards licensure.

AUDIENCE: Cosmetology, and Nail Technicians

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
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PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Completion of, or concurrent
enrollment of COSM 1110, 1160, 1181 for Nail techs and COSM 1100, 1105, 1115, 1120 for
Cosmetologist.

LENGTH OF COURSE: One semester

THIS COURSE IS USUALLY OFFERED:
Every other year □ fall X□ spring X□ summer □ undetermined □

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are:
   a. Introductory level of knowledge and skill needed for nail care.

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking
   skills through:
   a. Following instruction, describe and identify nail diseases, Safety precautions and all
      things related to nail care.

3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written
   communication skills through:
   a. Consultations demonstrating customer service skills.
4) HUMAN DIVERSITY: This course will help students recognize, understand, and appreciate human diversity through:
   a. Self-awareness regarding their feelings toward people of different cultures, value systems, and social economic status.

TOPICS TO BE COVERED: Professionalism, communication, manicuring, pedicuring, and artificial nails.

LIST OF EXPECTED COURSE OUTCOMES:
Implement a knowledge of skills and safety procedures that improve the quality, speed and confidence of cosmetology services.

LEARNING/TEACHING TECHNIQUES used in the course are:

☐ Collaborative Learning  ☐ Problem Solving
☐ Student Presentations  ☐ Interactive Lectures
☒ Creative Projects  ☐ Individual Coaching
☒ Lecture  ☐ Films/Videos/Slides
☒ Demonstrations
☒ Lab

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:

☒ Reading  ☐ Tests  ☐ Individual Projects
☐ Oral Presentations  ☐ Worksheets  ☐ Collaborative Projects
☐ Textbook Problems  ☐ Papers  ☐ Portfolio
☐ Group Problems  ☐ Term Paper
☐ Other (describe below)

EXPECTED STUDENT LEARNING OUTCOMES:

1. Describe nail irregularities, diseases & 5 basic nail shapes.
2. Describe nail services.
3. Describe anatomy & physiology of the nail.
4. Explain safety precautions related to nail care.
5. Explain license requirements.
6. Analyze pathogenic & non-pathogenic bacteria.
7. List State Board Examination requirements along with license requirements.
8. List salon rules and regulations
9. List license fee & unregulated services.
10. Define ph.
11. Identify nail diseases
12. Perform a basic manicure
13. Perform a basic pedicure
14. Demonstrate proper hand and foot massage

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

The information in this course outline is subject to revision
To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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