Course Description

Introduce concepts of basic human needs, health/illness and basic nursing skills. Skills are demonstrated in a supervised laboratory setting and in a clinical environment. This course also covers introduction to home care. Topics include care of the child, reporting procedures, caring for special populations, homemaking skills, and hospice care. 3 Cr (1 lect, 2 lab, 0 other)

Course Focus

This course has been developed with careful reference to the requirements of mandatory nursing assistant training. Upon satisfactory completion, the participant may apply for the nursing assistant/home health aide registry examination.

Text References

Minnesota State Colleges and Universities – 2009 MnSCU Long Term Care Nursing Assistant and Home Health Aide Curriculum

Susan Alvare; Jetta Fuzy, RN, MS; and Suzanne Rymer, MSTE, RN, C, LSW; HARTMAN’S NURSING ASSISTANT CARE - LONG TERM CARE AND HOME HEALTH, by Hartman Publishing, Inc., 2009

Course Goals

The following list of course goals will be addressed in the course. These goals are directly related to the performance objectives. (* designates a CRUCIAL goal)

1. Identify coping mechanisms used by both children and adults.
2. Identify the psychosocial characteristics and needs of special populations.
3. Describe the role and responsibility of the NA/HHA.
4. Describe normal elimination.
5. Describe preparations necessary for an individual's mealtime.
6. Identify diets; general and therapeutic.
7. Describe proper nutrition.
8. Identify a "No Code" order and advance directives.
9. Define the hospice role and responsibility.
10. Utilize bowel and bladder management plans.
11. Describe verbal and non-verbal communication.
12. Describe principals of behavior management.
13. Describe basic human needs physical and psychological.
14. Describe the importance of written and oral reports.
15. Identify verbal and non-verbal communication.
16. Describe effective communication.
17. Describe universal precautions.
18. Describe principals of medical asepsis.
19. Describe principals of body mechanics.
20. Identify safety of the individual.
21. Describe the stages of growth and development.
22. Identify the Bill of rights and Vulnerable Adult Law.
23. Describe ethics and etiquette for the NA/HHA.
24. Identify the NA/HHA's responsibility in observations, reporting, and documentation.
25. Describe death and dying.
26. Demonstrate active/passive range of motion on an individual.
27. Take the individual's pulse, temperature, respirations, and blood pressure.
28. Assist in the individual's personal grooming.
29. Make an occupied/unoccupied bed.
30. Demonstrate skin care.
31. Demonstrate bathing the individual.
32. Implement nursing skills.
33. Maintain environmental and personal safety for the individual.
34. Describe factors which interfere with normal elimination.
35. Function within guidelines of the NA/HHA's job description.
36. Describe strategies to implement when work with dementia, mental illness and C.D.
37. Describe proper use of restraints.
38. Describe care and use of a prosthesis.
39. Describe body alignment and positioning.
40. List effects of immobility.
41. Review body mechanics.
42. Describe rehabilitation principals and process.
43. Measure and record the height and weight of the individual.
44. Record individual's vital signs.
45. Define vital signs.
46. Describe personal care for the individual.
47. Identify basic emotional needs of the average child in a family setting.
48. Demonstrate appropriate communication.

**Student Contributions**

Each student will spend at least 6 hours per week preparing for class and lab.
Attendance is critical in this class.
Students will be required to make up missed class and lab clinical.

**Course Evaluation**

Evaluation will be based on unit quizzes, graded skills in the lab and the entire clinical rotation. A minimum of 80% is expected to pass the course. Quizzes are worth 50% of grade and graded lab skills are worth 50% of grade. The number of points earned in quizzes and skills will be the basis for the course grade, with the following distribution: A=94-100%, B=87-93%, C=80-86%, D=75-79%, F=less than 74%. Clinical performance is graded Pass/Fail and the student must pass the clinical component to pass the course.

**Course Schedule**

The class meets for ten sessions.

**Veteran Services:** Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise
their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or Minnesota Relay Service at 800-627-3529 or by using your preferred relay service.

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