MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty members are required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. CMST COURSE NUMBER: 1103
NUMBER OF CREDITS: 3 Lecture: 3 Lab: 

<table>
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<tr>
<th>Course Title:</th>
<th>Interpersonal Communication</th>
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Catalog Description:
Interpersonal Communication develops students’ understanding in becoming more competent interpersonal communicators. Students will gain valuable skills and learn communication strategies to develop and manage relationships more effectively.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Goal 1: Communication: X by meeting the following competencies:

- Understand/demonstrate the writing and speaking processes through invention, organization, drafting, revision, editing and presentation.
- Participate effectively in groups with emphasis on listening, critical and reflective thinking, and responding.
- Locate, evaluate, and synthesize in a responsible manner material from diverse sources and points of view.
- Select appropriate communication choices for specific audiences.
- Construct logical and coherent arguments.
- Use authority, point-of-view, and individual voice and style in their writing and speaking.
- Employ syntax and usage appropriate to academic disciplines and the professional world.

Goal 2: Critical Thinking: by meeting the following competencies:
Goal 3: Natural Sciences: by meeting the following competencies:
Goal 4: Mathematics/Logical Reasoning: by meeting the following competencies:
Goal 5: History and the Social and Behavioral Sciences: by meeting the following competencies:
Goal 6: The Humanities and Fine Arts: by meeting the following competencies:
Goal 7: Human Diversity: by meeting the following competencies:
Goal 8: Global Perspective: by meeting the following competencies:
Goal 9: Ethical and Civic Responsibility: by meeting the following competencies:
Goal 10: People and the Environment: by meeting the following competencies:
**Prerequisites or Necessary Entry Skills/Knowledge:**
None

**Topics to be Covered (General)**
1. Communication theories
2. Self-concept
3. Perception
4. Verbal communication
5. Nonverbal communication
6. Self-disclosure
7. Assertiveness
8. Emotions
9. Listening
10. Conflict
11. Relationship development
12. Deception

**Student Learning Outcomes**

<table>
<thead>
<tr>
<th>Analyze the role of verbal and nonverbal communication in various interpersonal episodes and diverse contexts. (MNTC Goal 1d)</th>
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<tbody>
<tr>
<td>Develop and demonstrate skills in managing perception, disclosure, assertiveness, emotions and conflict. (MNTC Goal 1e)</td>
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<tr>
<td>Describe the listening process and develop one’s own listening skills within diverse contexts. (MNTC Goal 1b, 1f)</td>
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<tr>
<td>Articulate the role of interpersonal processes in the development and maintenance of relationships. (MNTC Goal 1g, 1f)</td>
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<td>Identify barriers that impede effective interpersonal communication. (MNTC Goal 1g, 1f)</td>
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<tr>
<td>Engage in reflection of one’s own and others’ interpersonal communication strengths and weaknesses. (MNTC Goal 1c, 1g, 1f)</td>
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**Is this course part of a transfer pathway:** Yes [ ] No [x]

*If yes, please list the competencies below*

**Interpersonal Communication**
1. Analyze the role of verbal and nonverbal communication in various interpersonal episodes and diverse contexts.
2. Develop skill sets in managing active listening, perception, disclosure, and conflict.
3. Articulate the role of interpersonal processes in the development and maintenance of relationships.
4. Identify barriers that impede effective interpersonal communication.
5. Engage in reflection of one’s own interpersonal communication strengths and weaknesses.

Revised 11/2019