Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Special topics PHED COURSE NUMBER: 2185

NUMBER OF CREDITS: 2

COURSE TITLE: Volleyball coaching and officiating

CATALOG DESCRIPTION: Reviews in detail high school, club, and college level volleyball rules and the basic mechanics of officiating volleyball. A comparison between high school, club, and college rules is made to better enable students to understand various levels of coaching. Course also looks at proper training techniques, improve, and teach the game of volleyball. Students will learn all avenues of running a program so they can prepare to be a coach.

AUDIENCE: students

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
Area: by meeting the following competencies:
Area: by meeting the following competencies:

PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: none

LENGTH OF COURSE: semester

THIS COURSE IS USUALLY OFFERED:
Every other year ☐ fall ☐ spring ☑ summer ☐ undetermined ☐

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are:
   a. Students will learn the rules of the game of volleyball
   b. Students will learn how to properly teach the game of volleyball
   c. Students will learn how to properly officiate the game of volleyball

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking skills through:
   a. Students will take a rules test to make sure they have mastered the rules of volleyball
b. Quick decisions on rules interpretation and/or strategy during a game

3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written communication skills through:
   a. Communication among officiating crew
   b. Students will submit written pieces demonstrating volleyball knowledge and understanding

4) HUMAN DIVERSITY: This course will help students recognize, understand, and appreciate human diversity through:
   a. Being able to recognize various learning styles and adapting their coaching methods in a way to effectively communicate to all players and coaching staff.
   b. Students will also have to learn to coach a wide variety of players and get them to gel into a successful team.

TOPICS TO BE COVERED:
- Volleyball terminology
- Volleyball rules and officiating
- Offensive strategy
- Defensive strategy
- Practice planning
- Drills
- Scouting

LIST OF EXPECTED COURSE OUTCOMES:
Student will learn proper officiating techniques
Students will gain a basic understanding of the game of volleyball
Students will learn strategy for offensive and defensive systems
Students will learn how to effectively plan practice
Students will learn drills for effective practice and match preparation
Students will learn the basics of scouting

LEARNING/TEACHING TECHNIQUES used in the course are:
- Collaborative Learning
- Problem Solving
- Student Presentations
- Interactive Lectures
- Creative Projects
- Individual Coaching
- Lecture
- Films/Videos/Slides
- Demonstrations
- Other (describe below)
- Lab

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:
- Reading
- Tests
- Individual Projects
- Oral Presentations
- Worksheets
- Collaborative Projects
- Textbook Problems
- Papers
- Portfolio
- Group Problems
- Term Paper
- Other (describe below)
EXPECTED STUDENT LEARNING OUTCOMES:

Student will learn proper officiating techniques
Students will gain a basic understanding of the game of volleyball
Students will learn strategy for offensive and defensive systems
Students will learn how to effectively plan practice
Students will learn drills for effective practice and match preparation
Students will learn the basics of scouting

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or Minnesota Relay Service at 800-627-3529 or by using your preferred relay service.

A Member of the Minnesota State Colleges and Universities System
An Affirmative Action Equal Opportunity Educator/Employer