DEPT. NURS   COURSE NUMBER: 2245

NUMBER OF CREDITS: 2   Lecture: 2   Lab: 0

Course Title: Health Promotion and the Role of the Professional Nurse

Catalog Description:
Health promotion for self, client, families, and communities will be emphasized. Identifies management and leadership theory for transition into the professional nurse role. The learner integrates knowledge, skills, and attributes needed to care for groups of clients, nursing team management, effective team communication, effective resolve conflict, interprofessional collaboration, prioritization, delegation, supervision. Preparation for end-of-program requirements and NCLEX-RN exam.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Goal 1: Communication: ____ by meeting the following competencies:
Goal 2: Critical Thinking: ____ by meeting the following competencies:
Goal 3: Natural Sciences: ____ by meeting the following competencies:
Goal 4: Mathematics/Logical Reasoning: ____ by meeting the following competencies:
Goal 5: History and the Social and Behavioral Sciences: ____ by meeting the following competencies:
Goal 6: The Humanities and Fine Arts: ____ by meeting the following competencies:
Goal 7: Human Diversity: ____ by meeting the following competencies:
Goal 8: Global Perspective: ____ by meeting the following competencies:
Goal 9: Ethical and Civic Responsibility: ____ by meeting the following competencies:
Goal 10: People and the Environment: ____ by meeting the following competencies:

Prerequisites or Necessary Entry Skills/Knowledge:
Successful completion of NURS 2130, NURS 2145, NURS 2125, NURS 2150, and NURS 2190.

Topics to be Covered (General)
Review of prioritization, delegation, and supervision in healthcare
Leadership and management
Health promotion
Disease prevention
Self care
Conflict resolution and horizontal violence
Coordination of care
Student Learning Outcomes

1. Compare and contrast health care delivery systems in health promotion and providing care of individuals, families, and communities (NLN: Nursing Judgement).
2. Distinguish the role of the nurse in ensuring continuity of care and coordinating care between and among health care settings and the home (QSEN: Teamwork and Collaboration).
3. Manage safety of patients, health care providers, and community through both system effectiveness and individual performance (QSEN: Safety).
4. Analyze the relationship between accountability and liability for one’s actions in professional nursing practice (NLN: Professional Identity).
5. Examine professional roles within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care (QSEN: Teamwork and Collaboration).
6. Prepare an effective resume and nursing portfolio and summarize the employment process (NLN: Professional Identity).
7. Explain the purpose and process of the RN NCLEX examination and various preparation methods (NLN: Professional Identity).
8. Utilize the nursing process to analyze spiritual health of patients, families, and communities (NLN: Spirit of Inquiry).

Is this course part of a transfer pathway: Yes ☐ No ☒

*If yes, please list the competencies below

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