MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT.: Psychology COURSE NUMBER: 2225

NUMBER OF CREDITS: 3 Lecture: 3 Lab: 0

Course Title:
Addictive Behavior

Catalog Description:
Provides a comprehensive overview of psychological models to understanding addiction. Presents the process of addiction as a sequence which includes: initiation, maintenance, dependence, and change. Also addressed is the prevention of addiction. Describes the biological, social, emotional, and psychological consequences of addictions for the individual and society. Although concentrating on substance-based behaviors (alcohol and drugs) other addictions such as gambling, eating disorders, and compulsive sexual behavior will be considered.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Goal 1: Communication: by meeting the following competencies:

Goal 2: Critical Thinking: by meeting the following competencies:

Goal 3: Natural Sciences: by meeting the following competencies:

Goal 4: Mathematics/Logical Reasoning: by meeting the following competencies:

Goal 5: History and the Social and Behavioral Sciences: X by meeting the following competencies: 1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition. 2. Examine social institutions and processes across a range of historical periods and cultures. 3. Use and critique alternative explanatory systems or theories.

Goal 6: The Humanities and Fine Arts: by meeting the following competencies:

Goal 7: Human Diversity: X by meeting the following competencies: 2. Demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society. 3. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry. 4. Describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.
Goal 8: Global Perspective: ____ by meeting the following competencies:

Goal 9: Ethical and Civic Responsibility: ____ by meeting the following competencies:

Goal 10: People and the Environment: ____ by meeting the following competencies:

Prerequisites or Necessary Entry Skills/Knowledge:
PSYC 1101 or consent from instructor.

Topics to be Covered (General)
1. The Nature and History of Addiction
2. Biology of Addiction
3. Psychology of Addiction
4. Social Aspects of Addiction
5. Clinical Assessments, Diagnosis, and Treatment
6. Discuss Identified Types of Addictive Behaviors

Learning Outcomes
1. Describe a variety of models and theories of addiction and other problems related to substance abuse.
2. Describe the behavioral, psychological, and physical health and social effects of behavioral addiction and substance use on the person and others.
3. Describe issues of cultural identity, ethnic background, age and gender that increase the likelihood to be at-risk for, or resilient to, substance use disorders.
4. Describe a variety of warning signs, symptoms, and the course of substance use disorders.
5. Describe the principles and philosophy of prevention, treatment, and recovery.
6. Describe current and evidenced-based approaches practiced in the field of addictions.
7. Demonstrate the ability to engage in class discussions and efficiently complete quizzes/exams/other assignments.

Is this course part of a transfer pathway: Yes  X  No
*If yes, please list the competencies below

Competency Area 1: Knowledge Base in Psychology:
Demonstrate breadth of knowledge and application of psychological ideas to simple problems. Specifically, they should:
   1.1 Describe key concepts, principles, and overarching themes in psychology
   1.2 Develop a working knowledge of psychology's content domains
   1.3 Describe applications of psychology
Competency Area 2: Scientific Inquiry and Critical Thinking:
Demonstrate basic skills and concepts in interpreting behavior, studying research, and applying research design principles to drawing conclusions about psychological phenomena. Specifically, they should:

2.1 Use scientific reasoning to interpret psychological phenomena
2.2 Demonstrate psychology information literacy
2.3 Engage in systematic problem-solving inferred by psychological research
2.4 Interpret, design, or conduct basic psychological research
2.5 Incorporate sociocultural factors in scientific inquiry
2.6 Use statistical programs (i.e., SPSS) to augment scientific inquiry

Competency Area 3: Ethical and Social responsibility in a Diverse World:
Familiar with the formal regulations that govern professional ethics in psychology and begin to embrace values that help build a society responsive to multicultural and global concerns. Specifically, students should:

3.1 Apply ethical standards to evaluate and/or conduct psychological research and practice
3.2 Build and enhance interpersonal relationships
3.3 Explore values and/or practices that build community at local, national, and global levels

Competency Area 4: Communications:
Write a cogent scientific argument, present information using a scientific approach, engage in discussion of psychological concepts, explain the ideas of others, and express their own ideas with clarity. Specifically, students should:

4.1 Demonstrate effective writing for different purposes including basic APA style
4.2 Exhibit effective presentation skills for different purposes
4.3 Interact effectively with others

All syllabi must include the following statement:
To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, high school students are encouraged to notify their counselor and instructor.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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