MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

Faculty members are required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. Psychology     COURSE NUMBER: 2221

NUMBER OF CREDITS: 3 Lecture: 3 Lab: 0 OJT

Course Title: Abnormal Psychology

Catalog Description:
Abnormal Psychology provides students with historical and current views of the major patterns of behavior disorders. Examines the etiology of disorders, their symptom patterns, assessment and classification, their prevention and treatment, and current issues in the mental health field. Attention is given to how social variables such as race/ethnicity, gender, and socioeconomic status affect the determination of abnormality.

Prerequisites or Necessary Entry Skills/Knowledge:
PSYC 1101 or consent from instructor.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Goal 1: Communication: ____ by meeting the following competencies:

Goal 2: Critical Thinking: ____ by meeting the following competencies:

Goal 3: Natural Sciences: ____ by meeting the following competencies:

Goal 4: Mathematics/Logical Reasoning: ____ by meeting the following competencies:

Goal 5: History and the Social and Behavioral Sciences: __X__ by meeting the following competencies:
1. Employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. Examine social institutions and processes across a range of historical periods and cultures.
3. Use and critique alternative explanatory systems or theories.

Goal 6: The Humanities and Fine Arts: ____ by meeting the following competencies:

Goal 7: Human Diversity: __X__ by meeting the following competencies:
1. Demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
2. Describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.

Goal 8: Global Perspective: ____ by meeting the following competencies:

Goal 9: Ethical and Civic Responsibility: ____ by meeting the following competencies:

Goal 10: People and the Environment: ____ by meeting the following competencies:

**Topics to be Covered (General)**

1. History of Abnormal Psychology
2. Models of Abnormality
3. Clinical Assessment, Diagnosis, and Treatment
4. Discuss identified Mental Disorders (Anxiety Disorders, Stress Disorders, Mood Disorders, Substance-Related Disorders, Schizophrenia, Somatoform and Dissociative Disorders, Personality Disorders, Disorders of Childhood and Adolescence, and Laws, Society, and the Mental Health Profession)
5. Tour several residential treatment facilities, admission criteria, and accreditation

**Student Learning Outcomes**

1. Evaluate major historical and contemporary theoretical and treatment perspectives associated with the field of abnormal psychology.
2. Identify principal research methods and types of questions that emerge in the science of abnormal psychology
3. Distinguish between normal and abnormal behavior.
4. Identify the characteristics, strengths, and limitations of the current diagnostic system (DSM)
5. Describe the epidemiology, etiology, assessment, symptoms, and scientifically validated treatments of specific psychological disorders
6. Describe how diversity in age, race, culture, gender, and class is related to understanding psychological processes.
7. Explain how psychologists use their understanding of the APA Ethics Code and legal system to guide decisions in clinical and legal situations.
8. Apply psychological constructs to understand and improve intrapersonal, interpersonal and intercultural dysfunction (e. g. case studies)
9. Demonstrate the ability to engage in class discussions and efficiently complete quizzes/exams/other assignments.

*If yes, please list the competencies below

**Is this course part of a transfer pathway:** Yes ☒ No ☐

**Competency Area 1: Knowledge Base in Psychology:** Demonstrate breadth of knowledge and application of psychological ideas to simple problems. Specifically, they should:
1.1 Describe key concepts, principles, and overarching themes in psychology
1.2 Develop a working knowledge of psychology's content domains
1.3 Describe applications of psychology
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<tr>
<th>Competency Area 2: Scientific Inquiry and Critical Thinking</th>
<th>Demonstrate basic skills and concepts in interpreting behavior, studying research, and applying research design principles to drawing conclusions about psychological phenomena. Specifically, they should:</th>
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<tr>
<td>2.1 Use scientific reasoning to interpret psychological phenomena</td>
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<td>2.2 Demonstrate psychology information literacy</td>
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<td>2.3 Engage in systematic problem-solving inferred by psychological research</td>
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<td>2.4 Interpret, design, or conduct basic psychological research</td>
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<td>2.5 Incorporate sociocultural factors in scientific inquiry</td>
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<td>2.6 Use statistical programs (i.e., SPSS) to augment scientific inquiry</td>
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<th>Competency Area 3: Ethical and Social responsibility in a Diverse World</th>
<th>Familiar with the formal regulations that govern professional ethics in psychology and begin to embrace values that help build a society responsive to multicultural and global concerns. Specifically, students should:</th>
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<td>3.1 Apply ethical standards to evaluate and/or conduct psychological research and practice</td>
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<td>3.2 Build and enhance interpersonal relationships</td>
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<td>3.3 Explore values and/or practices that build community at local, national, and global levels</td>
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<th>Competency Area 4: Communications</th>
<th>Write a cogent scientific argument, present information using a scientific approach, engage in discussion of psychological concepts, explain the ideas of others, and express their own ideas with clarity. Specifically, students should:</th>
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<td>4.1 Demonstrate effective writing for different purposes including basic APA style</td>
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<td>4.2 Exhibit effective presentation skills for different purposes</td>
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<td>4.3 Interact effectively with others</td>
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Revised Date: 2/26/2021