DEPT. Physical Education COURSE NO. 2101
NUMBER OF CREDITS: 2

COURSE TITLE: History of Physical Education & Sports

CATALOG DESCRIPTION: Reviews the reciprocal relationship between sports and America’s dominant social and cultural themes from the colonial period to the present. Explores the foundation on which modern American sports were laid and the social forces that led to the organization and institutionalization of amateur, intercollegiate, and professional sports. Includes an examinations of the ways in which ethnic heritage, race, socio-economic class, and gender intersect with the social institution of American sport.

AUDIENCE: MTW 12-1 o’clock

FULFILLS MN TRANSFER CURRICULUM AREA (S) (Leave blank if not applicable)
Area N/A : by meeting the following competencies:
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PREREQUISITES OR NECESSARY ENTRY SKILLS / KNOWLEDGE: N/A

LENGTH OF COURSE

THIS COURSE IS UNUSUALLY OFFERED:
Every other year Fall X Spring Summer Undetermined

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT:
   This course is to teach students about the history of sport and physical education.

2) THINKING SKILLS:
   The students will learn why different time periods had a major influence on modern sport and physical education. They will develop a written report from this knowledge to show understanding on how history has effected modern sport and physical education.

3) COMMUNICATIONS SKILLS:
   Students will give a class presentation on a sport or physical education area of their choice and give the historical information that lead to the area being what it is today.

4) HUMAN DIVERSITY:
Students should be able to take the information from this class and have a solid base on understanding sports and physical education to enjoy to better understanding of sports and physical education history for themselves or for someone else.

TOPICS TO BE COVERED:

LEARNING/ TEACHING TECHNIQUES used in the course are:

  _X_ Collaborative Learning  _____Problem Solving
  _X_ Student Presentations  _____Interactive Lectures
  ____Creative Projects  _____Individual Coaching
  _X_ Project Critiques  _____Films/ Videos
  _X_ Lecture  _____Labs/ Activity performance
  _X_ Demonstrations  ____Other:

ASSIGNMENTS AND ASSESSEMTNS FOR THIS CLASS INCLUSE:

  _X_ Reading  _X_ Tests  _X_ Individual Projects
  _X_ Oral Presentations  _X_ Worksheets  ____Collaborative Projects
  ____Textbook problems  _X_ Papers  ____Writing Portfolio
  _X_ Group Problems  ____Term Paper  ____Art Portfolio
  ____Other:

Calendar of Assignments, Exams, due dates, etc.: Calendar will be determined according to semester schedule

The information in this course outline is subject to revision

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

Veteran Services: Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or Minnesota Relay Service at 800-627-3529 or by using your preferred relay service.

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