Faculty is required to have the outline submitted to the Academic Affairs Office. The course outline is the form used for approval of new courses by the Academic Affairs and Standards Council.

DEPT. NURS COURSE NUMBER: NURS 2125

NUMBER OF CREDITS: 4

COURSE TITLE: Patient Centered Care I

CATALOG DESCRIPTION: Focuses on nursing process and clinical judgment in the care of patients and their families. Emphasis is placed on professional knowledge, skills, and attitudes integral to the nursing competencies of patient-centered care, safety, and evidence-based practice. Concepts of therapeutic communication, health promotion, pharmacology, and nutrition are integrated throughout content. Nursing content areas include: mental health, pain, surgery, fluids and electrolytes, acid base balance, cancer, as well as vascular, hematologic, cardiac, respiratory, and musculoskeletal disorders.

AUDIENCE: Associate in Science nursing students

FULFILLS MN TRANSFER CURRICULUM AREA(S) (Leave blank if not applicable)
Area: by meeting the following competencies:
Area: by meeting the following competencies:
Area: by meeting the following competencies:

PREREQUISITES OR NECESSARY ENTRY SKILLS/KNOWLEDGE: Admission to the Associate in Science nursing program.

LENGTH OF COURSE: One semester

THIS COURSE IS USUALLY OFFERED:
Every other year fall x spring summer undetermined

Four goals are emphasized in course at Minnesota West Community & Technical College:

1) ACADEMIC CONTENT: The academic objectives of this course are:
   a. Focuses on application of key concepts when caring for patients with mental health needs, pain, surgery, fluid and electrolyte imbalances, acid base imbalances, cancer, as well as patients with vascular, hematologic, respiratory or cardiac problems.

2) THINKING SKILLS: This course will help students improve the effectiveness of their thinking skills through:
a. Academic content will be synthesized and applied in unique human situations across the lifespan.

3) COMMUNICATIONS SKILLS: This course will help students improve their oral and written communication skills through:
   a. Students will be required to participate in discussions and express themselves accurately and clearly in writing.

4) HUMAN DIVERSITY: This course will help students recognize, understand, and appreciate human diversity through:
   a. Diversity, particularly as it applies to wellness, illness, and health is explored.

TOPICS TO BE COVERED:
Nursing care for those with mental health needs, cancer, surgery, pain, fluid and electrolyte imbalances, acid base imbalances, cancer, as well as patients with vascular, hematological, respiratory or cardiac problems.

LIST OF EXPECTED COURSE OUTCOMES:
Upon completion of the course the student will be able to:
1. Discuss the elements of nursing process when caring for patients with a variety of common health care needs.
2. Identify concepts related to therapeutic communication, pharmacology, nutrition, and health promotion when caring for patients with a variety of health care needs.
3. Describe the knowledge, skills, and attitudes needed to care for patients with unique health care needs.
4. Explain patient centered care interventions when planning care for individuals with unique needs.
5. Identify priority assessments and interventions that demonstrate clinical judgment and facilitate safety in unique patient situations.
6. Consider current evidence when planning care for individuals in unique situations.

LEARNING/TEACHING TECHNIQUES used in the course are:
 x Collaborative Learning   x Problem Solving
 x Student Presentations  x Interactive Lectures
☐ Creative Projects       x Individual Coaching
 X Lecture                ☐ Films/Videos/Slides
☐ Demonstrations         ☐ Other (describe below)
☐ Lab                     X Case studies

ASSIGNMENTS AND ASSESSMENTS FOR THIS CLASS INCLUDE:
 X Reading                x Tests                x Individual Projects
 X Oral Presentations  ☐ Worksheets  ☐ Collaborative Projects
☐ Textbook Problems  ☐ Papers              ☐ Portfolio
☐ Group Problems        ☐ Term Paper
 X Other (describe below)
EXPECTED STUDENT LEARNING OUTCOMES:

**NLN Human Flourishing:** Graduate will advocate for patients and families in ways that promote their self-determination, integrity, and ongoing growth as human beings.

**1A. QSEN: Patient centered care:** Graduate will recognize the patient or designee as the source of control and full partner in providing compassionate and coordinated care based on respect for patient’s preferences, values, and needs.

**NLN Nursing Judgment:** Graduate will make judgments in practice, substantiated with evidence, that integrate nursing science in the provision of safe, quality care and that promote the health of patients within a family and community context.

**2A QSEN: Safety** – Graduate will minimize risk of harm to patients and providers through both system effectiveness and individual performance.

**NLN Spirit of Inquiry:** Graduate will examine the evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care of patients, families, and communities.

**4B. QSEN: Evidenced Based Practice:** Graduate will integrate best current evidence with clinical expertise and patient/family preferences and values to delivery of optimal health care.

The information in this course outline is subject to revision.

To receive reasonable accommodations for a documented disability, please contact the campus Student Services Advisor or campus Disability Coordinator as arrangements must be made in advance. In addition, students are encouraged to notify their instructor.

**Veteran Services:** Minnesota West is dedicated to assisting veterans and eligible family members in achieving their educational goals efficiently. Active duty and reserve/guard military members should advise their instructor of all regularly scheduled military appointments and duties that conflict with scheduled course requirements. Instructors will make every effort to work with the student to identify adjusted timelines. If you are a veteran, please contact the Minnesota West Veterans Service Office.

This document is available in alternative formats to individuals with disabilities by contacting the Student Services Advisor or by calling 800-658-2330 or via your preferred Telecommunications Relay Service.

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