

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. PYSC

COURSE NUMBER: 1101

NUMBER OF CREDITS: 4

Lecture: 4 Lab: 0 OJT 0

Course Title:
Introduction to Psychology

Catalog Description:
Introduction to Psychology provides an overview of contemporary psychology. Topics include the biological basis of behavior, sensation and perception, motivation, learning, memory, development, personality theory and mental illness. This psychology course emphasizes biological, ability, age, gender, identity, personality, and cultural and ethnic diversity. This course is a prerequisite for other psychology courses and is a required course for many degree programs.

Prerequisites or Necessary Entry Skills/Knowledge:
STSK 0095 or placement by multiple measures.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

☒ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:

1. employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. examine social institutions and processes across a range of historical periods and cultures.
3. use and critique alternative explanatory systems or theories.
4. develop and communicate alternative explanations or solutions for contemporary social issues.

☒ Goal 7: Human Diversity: By meeting the following competencies:

1. Understand the development of and the changing meanings of group identities in the United States' history and culture.
2. demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
3. analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.
4. describe and discuss the experience and contributions (political, social, economic, etc.) of the many groups that shape American society and culture, in particular those groups that have suffered discrimination and exclusion.

5. demonstrate communication skills necessary for living and working effectively in a society with great population diversity.

Topics to be Covered (General)
Evolution of and methods in Psychology
Neuroscience and Behavior
Sensation and Perception
Consciousness
Memory
Learning
Emotion and Motivation
Language, Thought and Intelligence
Life-Span and Development
Personality
Social Psychology
Stress and Health
Mental Illness and Treatment

Student Learning Outcomes
Describe significant concepts, principles, and theoretical frameworks across subfields of psychology.
Describe methods psychologists most often use to investigate human behavior.
Identify and explain basic psychological knowledge: biological basis of behavior, sensations, perception, motivation, learning, cognition, memory, development, personality development, mental illness, psychotherapy and social behavior.
Identify and explain contributions made to the discipline by significant researchers.
Apply theoretical models of behavior through real life settings.

Is this course part of a transfer pathway: Yes ☐ No ☒

Revised Date: 10/27/2022