MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

DEPT. NURS　　　　　　　　　　　**COURSE NUMBER: 2135**

NUMBER OF CREDITS: 2　　　　　**Lecture: 2 Lab: 0　OJT 0**

Course Title:
Geriatric and Psychiatric Nursing

Catalog Description:
Geriatric & Psychiatric Nursing focuses on nursing process and clinical judgment in the care of patients and their families. Concepts of therapeutic communication, health promotion, safety, pharmacology, and nutrition are integrated throughout content. Unique needs of the gerian client and individuals experiencing disruption in their mental health will be addressed.

Prerequisites or Necessary Entry Skills/Knowledge:
Admission to the Associate in Science Nursing Program

FULFILLS MN TRANSFER CURRICULUM AREA(S) *(Leave blank if not applicable)*

☐Goal 1: Communication: By meeting the following competencies:

☐Goal 2: Critical Thinking: By meeting the following competencies:

☐Goal 3: Natural Sciences: By meeting the following competencies:

☐Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:

☐Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:

☐Goal 6: The Humanities and Fine Arts: By meeting the following competencies:

☐Goal 7: Human Diversity: By meeting the following competencies:

☐Goal 8: Global Perspective: By meeting the following competencies:

☐Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:

☐Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered (General)
Holistic care of the older adult in the normal aging process. Utilize the nursing process in planning holistic care.
Care of the frail older adult including end of life care.
Physiologic effects of aging and illness related to respiratory, psychological/cognitive, genitourinary, musculoskeletal, endocrine, gastrointestinal, hematologic, neurologic, and immune dysfunction in the older adult.
Promotion of healthy aging in the community.
Factors that can affect the mental health of an individual across the lifespan.

Benefits and limitations of various treatment methods used to treat mental illnesses.
Treatment settings for psychiatric care.
Legal and ethical considerations as related to patient rights of the mentally ill client and of society.
Fostering a therapeutic nurse-patient relationship.
Explore psychiatric illnesses and substance use disorder related to cause, risk factors, symptoms, treatment, and outcomes.
The impact of violence on individuals and society.

Student Learning Outcomes

Identify the effects of normal aging and acute/chronic illness on the older adult. (QSEN: Evidence-based Practice).
Identify guidelines for assessing an older adult, including safety promotion. (NLN: Nursing Judgment, QSEN: Safety)
Describe methods to advocate for individuals experiencing the negative effects of ageism and/or stigma. (NLN: Human Flourishing, QSEN: Patient Centered Care)
List interventions and resources to promote healthy aging in various community settings. (NLN: Human Flourishing)
Summarize factors that can affect the mental health of an individual. (QSEN: Patient Centered Care)
Identify the benefits and adverse effects of various treatment methods used for psychiatric care. (QSEN: Evidenced Based Practice)
Compare and contrast inpatient and outpatient treatment environments in which psychiatric care is provided. (NLN Spirit of Inquiry, QSEN: Safety)
Examine the balance between the client's rights and the rights of society related to legal and ethical principles. (NLN Human Flourishing)
Identify methods of fostering a therapeutic nurse-patient relationship. (QSEN: Patient Centered Care)
Utilize the nursing process to formulate a plan of care for clients experiencing various psychiatric illnesses and/or the effects of aging. (QSEN: Evidence Based Practice, NLN Nursing Judgment)
Identify the role of the nurse when caring for clients that are experiencing violence as a victim or perpetrator. (QSEN: Safety, NLN Nursing Judgment)

Is this course part of a transfer pathway: Yes ☐   No ☒
*If yes, please list the competencies below

Revised Date: 2/24/2022