

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. CMST

COURSE NUMBER: 1103

NUMBER OF CREDITS: 3

Lecture: 3 Lab: 0 OJT 0

Course Title:

Interpersonal Communication

Catalog Description:

Interpersonal Communication develops students' understanding in becoming more competent interpersonal communicators. Students will gain valuable skills and learn communication strategies to develop and manage relationships more effectively

Prerequisites or Necessary Entry Skills/Knowledge:

None.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

Goal 1: Communication: X by meeting the following competencies:

- Understand/demonstrate the writing and speaking processes through invention, organization, drafting, revision, editing and presentation.
- Participate effectively in groups with emphasis on listening, critical and reflective thinking, and responding.
- Locate, evaluate, and synthesize in a responsible manner material from diverse sources and points of view.
- Select appropriate communication choices for specific audiences. • Construct logical and coherent arguments.
- Use authority, point-of-view, and individual voice and style in their writing and speaking.
- Employ syntax and usage appropriate to academic disciplines and the professional world

Topics to be Covered

Communication theories

Self-concept

Perception

Verbal communication

Nonverbal communication

Self-disclosure

Assertiveness

Emotions

Listening

Conflict

Relationship development

Deception

Student Learning Outcomes

Analyze the role of verbal and nonverbal communication in various interpersonal episodes and diverse contexts. (MNTC Goal 1d)

Develop and demonstrate skills in managing perception, disclosure, assertiveness, emotions and conflict. (MNTC Goal 1e)

Develop and demonstrate skills in managing perception, disclosure, assertiveness, emotions and conflict. (MNTC Goal 1e)

Articulate the role of interpersonal processes in the development and maintenance of relationships. (MNTC Goal 1g, 1f)
--

Identify barriers that impede effective interpersonal communication. (MNTC Goal 1g, 1f)

Engage in reflection of one's own and others' interpersonal communication strengths and weaknesses. (MNTC Goal 1c, 1g, 1f)
--

Is this course part of a transfer pathway: Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>

*If yes, please list the competencies below
--

Interpersonal Communication

- | |
|--|
| 1. Analyze the role of verbal and nonverbal communication in various interpersonal episodes and diverse contexts |
| 2. Develop skill sets in managing active listening, perception, disclosure, and conflict. |
| 3. Articulate the role of interpersonal processes in the development and maintenance of relationships. |
| 4. Identify barriers that impede effective interpersonal communication. |
| 5. Engage in reflection of one's own interpersonal communication strengths and weaknesses |

Revised Date: 1/2022