

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. CMHW

COURSE NUMBER:1300

NUMBER OF CREDITS: 3

Lecture: 3 Lab: 0 OJT 0

Course Title:

Health Promotion II

Catalog Description:

Health Promotion II explores the role of the Community Health Worker (CHW) in health promotion and disease prevention management strategies related to the topics of sexuality, gender identity, chronic disease, infectious disease, communicable disease, diabetes, heart disease and stroke, cancer, oral health, asthma, COPD, trauma informed care, and healthy aging. Cultural navigation, presentation skills and connecting clients to resources and support systems will be practiced.

Prerequisites or Necessary Entry Skills/Knowledge:

CMHW 1100, Corequisites CMHW1200 and 1250

FULFILLS MN TRANSFER CURRICULUM AREA(S)

Goal 1: Communication: ____ by meeting the following competencies:

Goal 2: Critical Thinking: ____ by meeting the following competencies:

Goal 3: Natural Sciences: ____ by meeting the following competencies:

Goal 4: Mathematics/Logical Reasoning: ____ by meeting the following competencies:

Goal 5: History and the Social and Behavioral Sciences: ____ by meeting the following competencies:

Goal 6: The Humanities and Fine Arts: ____ by meeting the following competencies:

Goal 7: Human Diversity: ____ by meeting the following competencies:

Goal 8: Global Perspective: ____ by meeting the following competencies:

Goal 9: Ethical and Civic Responsibility: ____ by meeting the following competencies:

Goal 10: People and the Environment: ____ by meeting the following competencies:

Topics to be Covered

Asthma/COPD

Cancer

Chronic Disease

Communicable Disease/Infectious disease

Diabetes

Health Aging

Heart Disease and stroke

Oral Health

Sexuality and Gender Identity

Vaccine education

Student Learning Outcome
Identify and prevent infectious diseases
Discuss significance of sexuality, STDs, substance abuse, violence and their impact on individuals, families, and communities.
Define condition, risk factors, and prevention strategies for diabetes, cancer, heart disease, poor oral health, mental health, and asthma as related to chronic conditions.
Relate socioeconomic, cultural, and emotional aspects of diabetes, cancer, heart disease, poor oral health, mental health and asthma.
Demonstrate the health promotion role of the CHW in diabetes, cancer, heart disease, poor oral health, mental health, asthma, trauma informed care, and healthy aging.
Demonstrate a variety of teaching techniques in a client visit and group setting.

Is this course part of a transfer pathway: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

Revised Date: 7/2023