

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. PHED

COURSE NUMBER: 1170

NUMBER OF CREDITS: 1

Lecture: 0 Lab: 1 OJT: 0

Course Title:

Intercollegiate Men's Football

Catalog Description:

Intercollegiate Men's Football includes participation in intercollegiate competition in men's football, where they acquired knowledge at the freshmen intercollegiate level, and represented Minnesota West Community and Technical College in the Minnesota College Athletic Conference and National Junior College Athletic Association.

Prerequisites or Necessary Entry Skills/Knowledge:

None

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- ☐ Goal 1: Communication: By meeting the following competencies:
- ☐ Goal 2: Critical Thinking: By meeting the following competencies:
- ☐ Goal 3: Natural Sciences: By meeting the following competencies:
- ☐ Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- ☐ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- ☐ Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- ☐ Goal 7: Human Diversity: By meeting the following competencies:
- ☐ Goal 8: Global Perspective: By meeting the following competencies:
- ☐ Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- ☐ Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered

NJCAA/NCAA men's football rules; standards for eligibility and student code of conduct, offensive, defensive, and game strategies; Film Breakdown; conditioning and proper nutrition; healthy lifestyles (including diversity and inclusion); teamwork; and sportsmanship.

Student Learning Outcomes

Demonstrate proficiency in the proper execution of game situations.

Demonstrate professional and ethical responsibility within the team and competitive arena including proper etiquette and good sportsmanship.

Utilize the techniques, skills, and tools necessary for the enhancement of health, fitness, nutrition and overall well-being.

Demonstrate understanding of team rules and school code of conduct in representing the team in the classroom, outside of school events, in the community, and at both home and away games.

Is this course part of a transfer pathway: Yes ☐ No ☒

***If yes, please list the competencies below**

Revised Date: 2/1/2023