

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. CMHW

COURSE NUMBER:1000

NUMBER OF CREDITS: 3

Lecture: 3 Lab: 0 OJT 0

Course Title:

Community Health Worker Role, Advocacy, Outreach & Resources

Catalog Description:

Community Health Worker Role, Advocacy, Outreach and Resources defines the role of the Community Health Worker (CHW). Strategies for personal safety related to home visits will be explained. The value of self-care and personal wellness will be introduced. Familiarity with health-related needs of communities and cultural considerations will be related to the CHW role of liaison and the skill of connecting clients and appropriate community resources.

Prerequisites or Necessary Entry Skills/Knowledge:

Co requisite CMHW1100

FULFILLS MN TRANSFER CURRICULUM AREA(S)

- Goal 1: Communication: By meeting the following competencies:
- Goal 2: Critical Thinking: By meeting the following competencies:
- Goal 3: Natural Sciences: By meeting the following competencies:
- Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- Goal 7: Human Diversity: By meeting the following competencies:
- Goal 8: Global Perspective: By meeting the following competencies:
- Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered

Advocacy, Liaison Work, Community Outreach

CHW Roles

Community Needs, Social Determinants of Health

Health Promotion, Cultural Humility

History of CHWs

Home Visiting, Personal Safety

Personal and Professional Boundaries

Self-Care

SMART goals
Teamwork
Time Management
Trauma Informed Care and ACEs

Student Learning Outcomes
Identify CHW roles and the CHW Scope of Practice as defined by the American Public Health Association.
Recognize emergency situations and communicate appropriate responses while describing personal safety measures in conjunction with home visiting and outreach.
Identify best practices for self-care and personal wellness by developing time management and SMART goal setting skills.
Prescribe effective strategies for collaborating with relevant healthcare providers and community agencies.
Assist clients and healthcare providers by advocating for cultural humility and health literacy to improve outcomes.
Apply networking skills to ensure proper resources and referrals of services for clients and their families.
Identify quality resources to develop a client focused Personal Resource Manual.

Is this course part of a transfer pathway: Yes No

Revised Date: 7/1/2023