

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. NURS

COURSE NUMBER: 1260

NUMBER OF CREDITS: 1

Lecture: 1 Lab: 0 OJT 0

Course Title:

Mental Health Nursing

Catalog Description:

Mental Health Nursing focuses on the introduction of the student to mental health aspects and illness as well as the holistic care of a client with mental health disorders. This course will also look at the psychotherapeutic management in the continuum of care, milieu management and care of special populations.

Prerequisites or Necessary Entry Skills/Knowledge:

Nursing Program Admission

Must successfully complete NURS 1100 or NURS 1120

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- Goal 1: Communication: By meeting the following competencies:
- Goal 2: Critical Thinking: By meeting the following competencies:
- Goal 3: Natural Sciences: By meeting the following competencies:
- Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- Goal 7: Human Diversity: By meeting the following competencies:
- Goal 8: Global Perspective: By meeting the following competencies:
- Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered

Introduction to Mental Health and Mental Illness

Mental Health Care

Fundamental Nursing Roles in Mental Health Nursing

Specific Psychiatric Disorders

Age-Specific Disorders and Issues

Student Learning Outcomes

Apply mental health principles to the treatment and management of illness and promotion of behaviors: promote a healthy lifestyle (SLO: Managing Care of the Individual Patient)

Learn the nature of the stress response and its impact in the etiology and course of many health problems. (SLO: Managing Care of the Individual Patient, SLO: Safety)

Describe common mental health disorders, treatments and medications, possible side effects and collaborative care approaches (SLO: Nursing Judgement, Evidenced Based Care, SLO: Safety)

Implement individualized, evidence-based nursing strategies to promote and maintain mental health. (SLO: Nursing Judgement, Evidenced Based Care)

Identify ethical, cultural, and societal issues pertaining to mental health. (SLO: Professional Identity and Behaviors)

Analyze legal implications related to the care of the patient with psychiatric or behavioral disorder. (SLO: Professional Identity and Behaviors)

Is this course part of a transfer pathway: Yes No

Revised Date: 11/15/2021