

# MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

## COURSE OUTLINE

**DEPT. PHED**

**COURSE NUMBER: 1189**

**NUMBER OF CREDITS: 1**

**Lecture: 0 Lab: 1 OJT: 0**

### Course Title:

Intercollegiate Men's Soccer

### Catalog Description:

Intercollegiate Men's Soccer includes participation in intercollegiate competition in men soccer, that they acquired knowledge at the freshmen intercollegiate level, and represented Minnesota West Community and Technical College in the Minnesota College Athletic Conference and National Junior College Athletic Association.

### Prerequisites or Necessary Entry Skills/Knowledge:

None

### FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- Goal 1: Communication: By meeting the following competencies:
- Goal 2: Critical Thinking: By meeting the following competencies:
- Goal 3: Natural Sciences: By meeting the following competencies:
- Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- Goal 7: Human Diversity: By meeting the following competencies:
- Goal 8: Global Perspective: By meeting the following competencies:
- Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- Goal 10: People and the Environment: By meeting the following competencies:

### Topics to be Covered

NJCAA/NCAA soccer rules; standards for eligibility and student code of conduct

Offensive, defensive, and game strategies, and film breakdown

Conditioning and proper nutrition; healthy lifestyles (including diversity and inclusion)

Teamwork and sportsmanship

### Student Learning Outcomes

Demonstrates proficiency in proper practice in learning skills for the execution of game situation.

Demonstrates professional and ethical responsibility within the team and competitive arena including proper etiquette and good sportsmanship.

Utilizes the techniques, skills, and tools necessary for enhancement of health, fitness, nutrition and overall well-being.

Demonstrates understanding of team rules and school code of conduct in the representing the team in the classroom, outside of school events, in the community, practices, and at both home and away games.

**Is this course part of a transfer pathway: Yes  No**

**\*If yes, please list the competencies below**

Revised Date: 5/1/2020