

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. PSYC

COURSE NUMBER: 2225

NUMBER OF CREDITS: 3

Lecture: 3 Lab: 0 OJT 0

Course Title:

Addictive Behaviors

Catalog Description:

Addictive Behavior provides a comprehensive overview of psychological models to understanding addiction. Presents the process of addiction as a sequence which includes: initiation, maintenance, dependence, and change. Also addressed is the prevention of addiction. Describes the biological, social, emotional, and psychological consequences of addictions for the individual and society. Although concentrating on substance-based behaviors (alcohol and drugs) other addictions such as gambling, eating disorders, and compulsive sexual behavior will be considered.
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Prerequisites or Necessary Entry Skills/Knowledge:

None

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

☒ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:

1. employ the methods and data that historians and social and behavioral scientists use to investigate the human condition.
2. examine social institutions and processes across a range of historical periods and cultures.
3. use and critique alternative explanatory systems or theories.

☒ Goal 7: Human Diversity: By meeting the following competencies:

2. Understand the development of and the changing meanings of group identities in the United States' history and culture.
3. Demonstrate an awareness of the individual and institutional dynamics of unequal power relations between groups in contemporary society.
4. Analyze their own attitudes, behaviors, concepts and beliefs regarding diversity, racism, and bigotry.

Topics to be Covered (General)

The Nature and History of Addiction

Biology of Addiction
Psychology of Addiction
Social Aspects of Addiction
Clinical Assessments, Diagnosis, and Treatment
Discuss Identified Types of Addictive Behaviors

Student Learning Outcomes
Describe a variety of models and theories of addiction and other problems related to substance abuse.
Describe the behavioral, psychological, and physical health and social effects of behavioral addiction and substance use on the person and others.
Describe issues of cultural identity, ethnic background, age and gender that increase the likelihood to be at-risk for, or resilient to, substance use disorders
Describe a variety of warning signs, symptoms, and the course of substance use disorders.
Describe the principles and philosophy of prevention, treatment, and recovery
Describe current and evidenced-based approaches practiced in the field of addictions
Demonstrate the ability to engage in class discussions and efficiently complete quizzes/exams/other assignments.

Is this course part of a transfer pathway: Yes <input type="checkbox"/> No <input checked="" type="checkbox"/>

Revised Date: 10/27/2022