MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE
COURSE OUTLINE

DEPT. NURS   **COURSE NUMBER: 1100**

NUMBER OF CREDITS: 3   **Lecture: 3 Lab: 0 OJT: 0**

Course Title:
Principles and Practices of Nursing

Catalog Description:
Principles and Practices of Nursing explores the basic needs of clients while reinforcing concepts learned in the nurse assistant course. Emphasizes nursing responsibilities and interventions utilized by the practical nurse to assist clients to meet basic needs. Topics covered include, but are not limited to the following topics: homeostasis, elimination, therapeutic communication skills, documentation, nursing process, critical thinking, psychosocial health, death and the grieving process, nutrition, and care of the geriatric patient. Performance of nursing skills are taught and evaluated in the lab setting. The key concepts of teamwork and collaboration, safety, quality improvement, professional identity/behavior, patient/relationship centered care, nursing judgment/evidence based practice, managing care, and informatics/technology are introduced.

Prerequisites or Necessary Entry Skills/Knowledge:
Students that have been accepted into the Minnesota West Practical Nursing Program.

FULFILLS MN TRANSFER CURRICULUM AREA(S) *(Leave blank if not applicable)*

☐Goal 1: Communication: By meeting the following competencies:

☐Goal 2: Critical Thinking: By meeting the following competencies:

☐Goal 3: Natural Sciences: By meeting the following competencies:

☐Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:

☐Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:

☐Goal 6: The Humanities and Fine Arts: By meeting the following competencies:

☐Goal 7: Human Diversity: By meeting the following competencies:

☐Goal 8: Global Perspective: By meeting the following competencies:

☐Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:

☐Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered
Homeostasis
Elimination
Therapeutic communication skills

Documentation
Nursing process
Critical thinking
Psychosocial health
Death and the grieving process
Nutrition
Care of the geriatric patient

Student Learning Outcome
Use reliable evidence-based journals and online databases to find information related to the care of adults with common health and safety issues. (NLN: INFORMATICS/TECHNOLOGY)
Explain how to manage and organize care in adult patients with various disease processes. (NLN: MANAGING CARE)
Use nursing judgment to assess, choose interventions, monitor responses, and report to appropriate personnel changes detected in the adult patient's condition. (NLN: NURSING JUDGMENT/EVIDENCE-BASED CARE)
Give examples of patient/relationship centered care when using the nursing process to contribute to individualized plans of care for the adult patient. (NLN: PATIENT/RELATIONSHIP CENTERED CARE)
Recognize best practices of quality improvement in the nursing environment and patient outcomes. (NLN: QUALITY IMPROVEMENT)
Choose safe nursing practices when implementing a plan of care. (NLN: SAFETY)
Identify potential and/or actual patient complications and interventions from an established plan of care to implement for the adult patient. (NLN: SAFETY)
Choose information based on focused assessments and interventions to be reported to appropriate interprofessional team members. (NLN: TEAMWORK AND COLLABORATION)

Is this course part of a transfer pathway: Yes ☐   No ☒
*If yes, please list the competencies below

Revised Date: 1/25/2022