

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. OTAC

COURSE NUMBER: 2100

NUMBER OF CREDITS: 3

Lecture: 2 Lab: 1 OJT: 0

Course Title:

Mental Health Across the Lifespan

Catalog Description:

Mental Health Across the Lifespan explores the growing body of knowledge and awareness of mental health through the occupational therapy lens. Students are exposed to current assessments and practices, legislation, advocacy, and the unique role the OT profession has in the area of mental health. Emerging roles of occupational therapy assistants in this setting is explored. An emphasis is placed on independent and active learning with a focus on developing skills for lifelong learning.

Prerequisites or Necessary Entry Skills/Knowledge:

OTAC 1220

FULFILLS MN TRANSFER CURRICULUM AREA(S)

Goal 1: Communication: ____ by meeting the following competencies:

Goal 2: Critical Thinking: ____ by meeting the following competencies:

Goal 3: Natural Sciences: ____ by meeting the following competencies:

Goal 4: Mathematics/Logical Reasoning: ____ by meeting the following competencies:

Goal 5: History and the Social and Behavioral Sciences: ____ by meeting the following competencies:

Goal 6: The Humanities and Fine Arts: ____ by meeting the following competencies:

Goal 7: Human Diversity: ____ by meeting the following competencies:

Goal 8: Global Perspective: ____ by meeting the following competencies:

Goal 9: Ethical and Civic Responsibility: ____ by meeting the following competencies:

Goal 10: People and the Environment: ____ by meeting the following competencies:

Topics to be Covered

Current mental health practice settings and emerging practice areas

Activity analysis in mental health

Current legislation and advocacy

Provision of mental health services

Student Learning Outcomes

B.1.2. Sociocultural, Socioeconomic, Diversity Factors, and Lifestyle Choices (Mastery Level)

Explain the role of sociocultural, socioeconomic, and diversity factors, as well as lifestyle choices in contemporary society to meet the needs of persons, groups, and populations (e.g., principles of psychology, sociology, and abnormal psychology).

B.3.4. Balancing Areas of Occupation, Role in Promotion of Health, and Prevention (Mastery Level)

Demonstrate knowledge of scientific evidence as it relates to the importance of balancing areas of occupation; the role of occupation in the promotion of health; and the prevention of disease, illness, and dysfunction for persons, groups, and populations.

B.3.6. Activity Analysis (Mastery Level)

Demonstrate activity analysis in areas of occupation, performance skills, performance patterns, context(s) and environments, and client factors to implement the intervention plan.

B.4.20. Care Coordination, Case Management, and Transition Services (Mastery Level)

Understand and articulate care coordination, case management, and transition services in traditional and emerging practice environments.

B.4.27. Community and Primary Care Programs (Mastery Level)

Identify and communicate to the occupational therapist the need to design community and primary care programs to support occupational performance for persons, groups, and populations.

B.5.1. Factors, Policy Issues, and Social Systems (Mastery Level)

Identify and explain the contextual factors; current policy issues; and socioeconomic, political, geographic, and demographic factors on the delivery of occupational therapy services for persons, groups, and populations and social systems as they relate to the practice of occupational therapy.

B.5.2. Advocacy (Mastery Level)

Explain the role and responsibility of the practitioner to advocate for changes in service delivery policies, effect changes in the system, recognize opportunities in emerging practice areas, and advocate for opportunities to expand the occupational therapy assistant's role.

B.5.4. Systems and Structures That Create Legislation (Mastery Level)

Define the systems and structures that create federal and state legislation and regulations, and their implications and effects on persons, groups, and populations, as well as practice.

Is this course part of a transfer pathway: Yes No

Revised 4/2023