

# MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

## COURSE OUTLINE

**DEPT. OTAC**

**COURSE NUMBER: 1110**

**NUMBER OF CREDITS: 4**

**Lecture: 4 Lab: 0 OJT: 0**

### Course Title:

Foundational Skills for the OTA

### Catalog Description:

Foundational Skills for the OTA explores the entry-level skills needed to be a successful OTA in all settings. Intra- and interprofessional skills, therapeutic use of self, expected roles, student self-analysis, and self-directed learning are key concepts integrated throughout the course. Students begin differentiating the roles of an occupational therapy assistant and an occupational therapist and understand their unique role on the therapy team. Emphasis is placed on evidence-based practice, occupation-based treatment ideas, grading/adapting activities, and treating within current reimbursement systems. Students are introduced to personal and professional responsibilities as an OT practitioner.

### Prerequisites or Instructor Approval:

None

### FULFILLS MN TRANSFER CURRICULUM AREA(S)

Goal 1: Communication: \_\_\_\_ by meeting the following competencies:

Goal 2: Critical Thinking: \_\_\_\_ by meeting the following competencies:

Goal 3: Natural Sciences: \_\_\_\_ by meeting the following competencies:

Goal 4: Mathematics/Logical Reasoning: \_\_\_\_ by meeting the following competencies:

Goal 5: History and the Social and Behavioral Sciences: \_\_\_\_ by meeting the following competencies:

Goal 6: The Humanities and Fine Arts: \_\_\_\_ by meeting the following competencies:

Goal 7: Human Diversity: \_\_\_\_ by meeting the following competencies:

Goal 8: Global Perspective: \_\_\_\_ by meeting the following competencies:

Goal 9: Ethical and Civic Responsibility: \_\_\_\_ by meeting the following competencies:

Goal 10: People and the Environment: \_\_\_\_ by meeting the following competencies:

### Topics to be Covered

Scientific evidence, models of practice, and frames of reference

Distinct nature of occupation

Safety

Treating the patient or client

Reimbursement

## Student Learning Outcomes

*B.2.1. Scientific Evidence, Theories, Models of Practice, and Frames of Reference (Mastery Level)*

Apply scientific evidence, theories, models of practice, and frames of reference that underlie the practice of occupational therapy to guide and inform interventions for persons, groups, and populations in a variety of practice contexts and environments.

*B.2.2. Theory Development (Mastery Level)*

Define the process of theory development and its importance to occupational therapy.

*(Introduction to ACOTE Standard B.3.2. Interaction of Occupation and Activity)*

Describe the interaction of occupation and activity, including areas of occupation, performance skills, performance patterns, context(s) and environments, and client factors.

*(Introduction to ACOTE Standard B.3.3. Distinct Nature of Occupation)*

Define the distinct nature of occupation and the evidence that occupation supports performance, participation, health, and well-being.

*B.3.6. Activity Analysis (Mastery Level)*

Demonstrate activity analysis in areas of occupation, performance skills, performance patterns, context(s) and environments, and client factors to implement the intervention plan.

*B.3.7. Safety of Self and Others (Mastery Level)*

Demonstrate sound judgment in regard to safety of self and others and adhere to safety regulations throughout the occupational therapy process as appropriate to the setting and scope of practice. This must include the ability to assess and monitor vital signs (e.g., blood pressure, heart rate, respiratory status, and temperature) to ensure that the client is stable for intervention.

*(Introduction to ACOTE Standard B.4.18. Grade and Adapt Processes or Environments)*

Explain the way persons, groups, and populations perform occupations and activities by adapting processes, modifying environments, and applying ergonomic principles to reflect the changing needs of the client, sociocultural context, and technological advances.

*(Introduction to ACOTE Standard B.4.29. Reimbursement Systems and Documentation)*

Restate the various reimbursement systems and funding mechanisms (e.g., federal, state, third party, private payer), treatment/diagnosis codes (e.g., CPT®, ICD, DSM® codes), and coding and documentation requirements that affect consumers and the practice of occupational therapy. Documentation must effectively communicate the need and rationale for occupational therapy services.

*B.5.8. Supervision of Personnel (Mastery Level)*

Define strategies for effective, competency-based legal and ethical supervision of occupational therapy assistants and non-occupational therapy personnel.

*(Introduction to ACOTE Standard B.7.4. Ongoing Professional Development)*

Identify strategies for ongoing professional development to ensure that practice is consistent with current and accepted standards.

*(Introduction to ACOTE Standard B.7.5. Personal and Professional Responsibilities)*

Define personal and professional responsibilities related to liability issues under current models of service provision and the varied roles of the OTA providing service on a contractual basis.

**Is this course part of a transfer pathway: Yes  No**