

# MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

## COURSE OUTLINE

DEPT. HLTH

COURSE NUMBER: 2220

NUMBER OF CREDITS: 3

Lecture: 3 Lab: 0 OJT: 0

### Course Title:

Drugs, Society, and the Individual

### Catalog Description:

Drugs, Society, and the Individual explores relationships between drugs, sociocultural influences, and individual attitudes and behaviors. Emphasis on psychoactive chemicals, including survey of physiological effects and psychosocial impacts. Investigates patterns of drug use; drug laws; consequences of drug abuse; addition, intervention, treatment, and recover; and prevention strategies from both individual and social perspectives.

### Prerequisites or Necessary Entry Skills/Knowledge:

College level reading or placement by multiple measures.

### FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- Goal 1: Communication: By meeting the following competencies:
- Goal 2: Critical Thinking: By meeting the following competencies:
- Goal 3: Natural Sciences: By meeting the following competencies:
- Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- Goal 7: Human Diversity: By meeting the following competencies:
- Goal 8: Global Perspective: By meeting the following competencies:
- Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- Goal 10: People and the Environment: By meeting the following competencies:

### Topics to be Covered

Drugs in context, including patterns of use, cultural influences, regulation and enforcement, and sociocultural impacts.

Basic Pharmacology, including impacts on anatomy and physiology, as well as psychopharmacology.

Specific drugs and classifications, including stimulants, depressants, hallucinogens, prescription drugs, over-the-counter medications, and illegal substances.

Drug abuse prevention strategies and resources.

## Student Learning Outcomes

Determine the basic pharmacological effects of a broad range of mood-altering substances and selected non-psychoactive drugs.

Define current patterns and historical contexts of use/abuse/addiction.

Articulate social issues and ramifications of drug use/abuse/addiction in various contexts.

Analyze the multi-cultural forces that influence drug-taking behaviors.

Examine personal drug use and underlying attitudes/beliefs/emotions.

Recognize signs of drug abuse/addiction in self and others.

Identify resources for effective drug abuse referrals, interventions, and treatment programs.

Develop confidence in how to seek assistance for referrals, interventions, and treatment programs.

Identify factors and practice skills which can reinforce and sustain a drug-free/drug-responsible lifestyle.

Create effective, culturally appropriate, integrative teaching and support strategies for the prevention of drug misuse/abuse/addiction.

**Is this course part of a transfer pathway: Yes  No**

**\*If yes, please list the competencies below**

Elementary Education Teacher Pathway

Competency 43 8710.3200, Subp. 3, Standard K2, Teachers of Elem. Ed. Subject matter standards Understand strategies for reducing and preventing accidents; drug, alcohol, and tobacco use; and high-risk situations and relationships.

Competency 69 8710.2000, Subp. 11, Standard 10E, Standards of Effective Practice Understand the influence of use and misuse of tobacco, alcohol, drugs, and other chemicals on student life and learning.

Revised Date: 2/14/2020