

# MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

## COURSE OUTLINE

DEPT. PHED

COURSE NUMBER: 2179

NUMBER OF CREDITS: 1

Lecture: 0 Lab: 1 OJT: 0

### Course Title:

Intercollegiate Women's Soccer

### Catalog Description:

Intercollegiate Women's Soccer includes participation in intercollegiate competition in women's soccer at the community college level representing Minnesota West Community and Technical College in the Minnesota Community College Athletic Conference and National Junior College Athletic Association.

### Prerequisites or Necessary Entry Skills/Knowledge:

PHED 2179

### FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- Goal 1: Communication: By meeting the following competencies:
- Goal 2: Critical Thinking: By meeting the following competencies:
- Goal 3: Natural Sciences: By meeting the following competencies:
- Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- Goal 7: Human Diversity: By meeting the following competencies:
- Goal 8: Global Perspective: By meeting the following competencies:
- Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- Goal 10: People and the Environment: By meeting the following competencies:

### Topics to be Covered

NJCAA/NCAA Soccer Rules, Offensive and Defensive strategies, Film Breakdown and Conditioning.

Proper nutrition and healthy lifestyles, teamwork, sportsmanship, diversity and inclusion.

Standards for eligibility and student code of conduct.

### Student Learning Outcomes

Demonstrates proficiency in proper execution of game situations.

Demonstrates professional and ethical responsibility within the team and competitive arena including proper etiquette and good sportsmanship.
Utilizes the techniques, skills, and tools necessary for enhancement of health, fitness, nutrition and overall well-being.
Demonstrate and acknowledge intercollegiate rules and expectations set forth by the NJCAA and the Minnesota West Community and Technical College coaching staff.
Demonstrate a knowledge and a proficiency in the fundamental, as well as advanced, skills needed for the game of soccer.

<b>Is this course part of a transfer pathway:</b> Yes <input type="checkbox"/> No <input checked="" type="checkbox"/> <i>*If yes, please list the competencies below</i>
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Revised Date: 5/19/2020