

MINNESOTA WEST COMMUNITY & TECHNICAL COLLEGE

COURSE OUTLINE

DEPT. NURS

COURSE NUMBER:2245

NUMBER OF CREDITS: 2

Lecture: 2 Lab: 0 OJT 0

Course Title:
Health Promotion and the Role of the Professional Nurse

Catalog Description:
Health Promotion and the Role of the Professional Nurse teaches health promotion, nutrition, and disease prevention for self, client, families, and communities will be emphasized. Identifies management and leadership theory for transition into the professional nurse role. Coordinate care and case management for all patients. Explores the ethical responsibilities in health care. Incorporate complementary and interactive healthcare into the care of all patients. Learn to manage unique client care. The learner integrates knowledge, skills, and attributes needed to care for groups of clients, nursing team management, effectively resolve conflict, interprofessional collaboration, prioritization, delegation, and supervision. Participation in a service learning project. Explore the malpractice and legal issues affecting nursing. Develop a portfolio. Preparation for end-of-program requirements and NCLEX-RN exam.

Prerequisites or Necessary Entry Skills/Knowledge:
Completion of all fall semester nursing courses.

FULFILLS MN TRANSFER CURRICULUM AREA(S) (*Leave blank if not applicable*)

- ☐ Goal 1: Communication: By meeting the following competencies:
- ☐ Goal 2: Critical Thinking: By meeting the following competencies:
- ☐ Goal 3: Natural Sciences: By meeting the following competencies:
- ☐ Goal 4: Mathematics/Logical Reasoning: By meeting the following competencies:
- ☐ Goal 5: History and the Social and Behavioral Sciences: By meeting the following competencies:
- ☐ Goal 6: The Humanities and Fine Arts: By meeting the following competencies:
- ☐ Goal 7: Human Diversity: By meeting the following competencies:
- ☐ Goal 8: Global Perspective: By meeting the following competencies:
- ☐ Goal 9: Ethical and Civic Responsibility: By meeting the following competencies:
- ☐ Goal 10: People and the Environment: By meeting the following competencies:

Topics to be Covered (General)
Prioritization/delegation/supervision
Leadership and management

Health promotion
Disease prevention
Complementary Therapies
Integrative Health
Coordination of Care
Case Management
Nutrition
Role Transition
Self-Care
Horizontal violence
Culture and Spirituality
Professional Responsibilities
Workplace and Political Advocacy
NCLEX Prep
Service Learning
Professional Image Development
Ethical Responsibilities
Professional Image Development
Malpractice

Student Learning Outcomes
Compare and contrast health care delivery systems in health promotion and providing care of individuals, families, and communities (NLN: Nursing Judgement).
Recognize the nurse's role in disease prevention and nutritional intervention in caring for a patient (QSEN: Patient Centered Care).
Distinguish the role of the nurse in ensuring continuity of care and coordinating care between and among health care settings and the home (QSEN: Teamwork and Collaboration).
Manage safety of patients, health care providers, and community through both system effectiveness and individual performance (QSEN: Safety).
Analyze the relationship between accountability and liability for one's actions in professional nursing practice (NLN: Professional Identity).
Utilize the nursing process to analyze spiritual health of patients, families, and communities (NLN: Spirit of Inquiry)
Explain the purpose and process of the RN NCLEX examination and various preparation methods (NLN: Professional Identity).
Prepare an effective resume and nursing portfolio and summarize the employment process (NLN: Professional Identity).
Examine professional roles within nursing and inter-professional teams, fostering open communication, mutual respect, and shared decision-making to achieve quality patient care (QSEN: Teamwork and Collaboration).
Apply ethical principles and responsibilities (including boundaries) to the role of professional nursing (NLN: Human Flourishing).
Describe concepts of cultural diversity and influences that affect culturally respectful health care. (NLN: Human Flourishing).

Is this course part of a transfer pathway: Yes ☐ No ☒

***If yes, please list the competencies below**

Revised Date: 7/1/2023