

April 7, 2020

Please consider Masking Recommendations for Institutes of Higher Education
MDH recommends wearing cloth face coverings in campus settings where other social distancing measures are difficult to maintain (e.g., small computer labs and confined library spaced). Cloth face coverings do not include surgical masks or N-95 respirators. Medical grade masks should not be used for this purpose due to the need for those masks to be prioritized in other critical settings. Cloth masks should be created and worn in accordance with CDC guidance. Wearing cloth masks does not replace the need to adhere to frequent hand washing, avoiding touching the face, and practicing social distancing, which are our best tools to help prevent the spread of illness.

CDC: Use of Cloth Face Coverings to Help Slow the Spread of COVID-19:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>

MDH: The Difference Between Alternative Masks and Surgical Masks for COVID-19:

<https://www.health.state.mn.us/diseases/coronavirus/hcp/masks.pdf>

How to Sew A Simple Fabric Face Mask (YouTube)

https://www.youtube.com/watch?v=sOJ_sm137fQ